

CAM CO-ED TRACK MEET - 4/18/2023**Atlantic High School
Results****Girls 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Steckler, Madison	Audubon	13.09	13.37	3	10
2 Alley, Lana	Fremont-Mills	13.01	13.66	3	8
3 Pryor, Katy	Woodbine	13.25	13.86	3	6
4 Hart, Anna	Cr-Bayard	13.76	14.03	3	5
5 Follmann, Emma	Cam, Anita	14.30	14.62	3	4
6 Erickson, Addison	Woodbine	14.20	14.67	3	3
7 Narios, Nerensia	Atlantic	14.96	14.72	2	2
8 Anderson, Becca	Paton-Churdan	13.91	14.83	3	1
9 Potts, Anna	Atlantic	15.41	14.85	2	
10 Wederquist, Kimber	Fremont-Mills	14.34	14.94	3	
11 Fahn, Harlee	Ehk-Exira	15.14	15.26	2	
12 Olson, Kadey	Cr-Bayard	15.82	15.28	2	
13 McEntaffer, Jocelyn	Atlantic	15.40	x15.40	2	
14 Atkinson, Makayla	Atlantic	16.47	x15.53	2	
15 Tafoya, Lilliana	Cam, Anita	16.08	16.38	2	
16 Russell, Mia	Paton-Churdan		16.63	1	
17 King, Kennedy	Stanton		16.89	1	
18 Plager, Madison	Ia School Deaf	17.35	16.90	1	
19 Hernandez, Jackie	Audubon	16.68	16.91	1	
20 Beam, Izabella	Stanton	17.25	17.33	1	
21 Johns, Kaitlyn	Ia School Deaf	18.02	17.68	1	

Girls 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Steckler, Madison	Audubon	26.67	26.69	3	10
2 Alley, Lana	Fremont-Mills	28.32	27.62	3	8
3 Pryor, Katy	Woodbine	27.38	27.72	3	6
4 Hart, Anna	Cr-Bayard	27.78	28.59	3	5
5 Clayburg, Malia	Cr-Bayard	28.26	29.07	3	4
6 Leaders, Reese	Woodbine	29.74	30.24	3	3
7 Follmann, Emma	Cam, Anita	29.93	30.38	2	2
8 Silva, Britney	Stanton	32.00	30.94	2	1
9 Venteicher, Gracie	Cam, Anita	31.05	31.35	2	
10 Hinman, Delaney	Atlantic	31.81	31.46	2	
11 Anderson, Bailey	Paton-Churdan	33.68	33.64	2	
12 Hernandez, Jackie	Audubon	34.61	34.27	1	
13 Russell, Mia	Paton-Churdan	36.83	34.61	1	

Girls 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Ewalt, Teagan	Fremont-Mills	1:02.19	1:02.12	2	10
2 Pryor, Katy	Woodbine	1:02.35	1:03.60	2	8
3 Sherer, Nicole	Woodbine	1:04.97	1:04.41	2	6
4 Sporrer, Kadence	Audubon		1:06.66	1	5
5 Petersen, Jaelynn	Ehk-Exira	1:08.96	1:08.32	2	4
6 Clayburg, Malia	Cr-Bayard	1:06.01	1:08.33	2	3
7 Goodwin, Gemini	Ehk-Exira	1:11.00	1:12.45	2	2
8 Dennis, Carley	Cam, Anita	1:14.23	1:14.46	2	1

CAM CO-ED TRACK MEET - 4/18/2023**Atlantic High School****Results****....Girls 400 Meter Dash**

9	Wiskus, Katie	Cr-Bayard	1:14.02	1:14.60	2
10	Wheatley, Nova	Cam, Anita	1:15.75	1:15.21	1
11	Osher, Jasmine	Stanton	1:17.00	1:17.96	1
12	Testroet, Alissa	Audubon	1:20.41	1:20.80	1
13	Beam, Izabella	Stanton	1:25.00	1:26.91	1
14	Vera Nieto, Ashley	Ia School Deaf	1:25.07	1:29.82	1
15	Korver, Claire	Fremont-Mills	1:41.77	1:40.77	1
16	Kisichy, Rifenta	Ia School Deaf	1:44.12	1:51.47	1

Girls 800 Meter Run

Name	Year	School	Seed	Finals	Points
1	Wilson, Hannah	Fremont-Mills	2:28.80	2:26.92	10
2	Cogdill, Isabelle	Woodbine	2:45.31	2:36.91	8
3	Sporrer, Kadence	Audubon	2:38.88	2:37.18	6
4	Beisswenger, Stefi	Audubon	2:38.31	2:41.20	5
5	Sherer, Nicole	Woodbine	2:30.58	2:43.47	4
6	Heithoff, Ella	Cr-Bayard	2:50.63	2:53.33	3
7	Eden, Jaci	Cam, Anita	2:58.01	2:57.06	2
8	Dennis, Carley	Cam, Anita	2:53.66	3:07.75	1
9	Nicholas, Avery	Atlantic	3:06.40	3:09.24	
10	Moreland, Braxie	Fremont-Mills	3:12.16	3:15.14	
11	King, Kennedy	Stanton	3:40.00	3:34.38	
12	VanderWal, Ruby	Ehk-Exira	3:41.90	3:35.48	

Girls 1500 Meter Run

Name	Year	School	Seed	Finals	Points
1	Wilson, Hannah	Fremont-Mills	5:17.60	5:24.02	10
2	Beisswenger, Stefi	Audubon	5:30.27	5:29.09	8
3	Lapel, Adyson	Woodbine	5:46.25	5:41.84	6
4	Petersen, Ella	Ehk-Exira	6:17.20	6:12.10	5
5	Roberts, Carly	Stanton	6:03.45	6:12.53	4
6	Cogdill, Reagan	Woodbine	6:21.03	6:23.06	3
7	Forney, Maria	Fremont-Mills	6:41.06	6:49.27	2
8	Comes, Lola	Atlantic	6:48.21	6:53.91	1
9	Bartz, Gracie	Ehk-Exira	6:56.80	7:09.69	
10	Consier, Autumn	Paton-Churdan	7:39.23	7:34.56	

Girls 3000 Meter Run

Name	Year	School	Seed	Finals	Points
1	Beisswenger, Stefi	Audubon	11:52.44	11:54.78	10
2	Lapel, Adyson	Woodbine	12:16.41	12:12.18	8
3	Roberts, Carly	Stanton	13:22.00	13:49.84	6
4	Cogdill, Reagan	Woodbine	13:50.25	13:57.23	5
5	Comes, Lola	Atlantic	14:45.91	14:28.80	4
6	Forney, Maria	Fremont-Mills	15:00.55	14:29.36	3
7	VanderWal, Ruby	Ehk-Exira	17:29.00	17:55.51	2

CAM CO-ED TRACK MEET - 4/18/2023**Atlantic High School****Results****Girls 100 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
1 Steckler, Madison	Audubon	16.66	16.72	2	10
2 Madison, Emily	Fremont-Mills	16.80	16.97	2	8
3 Olson, Hannah	Stanton	18.00	17.06	2	6
4 McDonald, Elly	Stanton	18.07	17.97	2	5
5 Hoefer, Nicole	Woodbine	18.78	18.58	2	4
6 Coenen, Adalynn	Woodbine	18.11	18.70	2	3
7 Knuth, Avery	Atlantic	19.91	19.17	1	2
8 Burr, Madison	Audubon	19.19	19.26	2	1
9 Mitchell, Saige	Fremont-Mills	18.94	19.50	2	
10 Hofbauer, Aubrey	Cr-Bayard	20.48	20.24	1	
11 Atkinson, Makayla	Atlantic	20.50	20.73	1	
12 Downing, Mya	Cr-Bayard	21.16	20.74	1	
13 Russell, Mia	Paton-Churdan	23.12	23.36	1	

Girls 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Madison, Emily	Fremont-Mills	1:12.13	1:11.80	2	10
2 Olson, Hannah	Stanton	1:16.50	1:14.11	2	8
3 McDonald, Elly	Stanton	1:16.56	1:20.56	2	6
4 Neligh, Kylie	Woodbine	1:27.47	1:22.27	1	5
5 Mitchell, Saige	Fremont-Mills	1:19.99	1:22.39	2	4
6 Coenen, Adalynn	Woodbine	1:20.67	1:23.77	2	3
7 Wheatley, Nova	Cam, Anita	1:22.98	1:24.17	2	2
8 Burr, Madison	Audubon	1:34.96	1:31.43	1	1
9 Testroet, Alissa	Audubon	1:35.64	1:35.49	1	

Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Stanton 'A'	54.22	54.76	2	10
1) Silva, Brooklyn				
3) Olson, Addison				
2 Fremont-Mills 'A'	55.05	56.11	2	8
1) Woods, McKenna				
3) Gute, Reese				
3 Woodbine 'A'	56.45	56.61	2	6
1) Thomas, Madison				
3) Hoefer, Nicole				
4 Cr-Bayard 'A'	55.55	56.76	2	5
1) Clayburg, Malia				
3) Olson, Kadey				
5 Atlantic 'A'	59.67	58.00	2	4
1) McEntaffer, Jocelyn				
3) Narios, Nerensia				
6 Atlantic 'B'	1:01.55	x1:00.90	1	
1) Knuth, Avery				
3) Nicholas, Avery				
7 Paton-Churdan 'A'	1:00.82	1:01.12	2	3
1) Anderson, Bailey				
3) Fowler, Kyann				

CAM CO-ED TRACK MEET - 4/18/2023**Atlantic High School****Results****....Girls 4x100 Meter Relay**

8 Audubon 'A'		1:02.89	1	2
1) Larsen, Anna	2) Hernandez, Jackie			
3) Gomez, Evelyn	4) Testroet, Alissa			
9 Cam, Anita 'A'	1:00.80	1:03.42	2	1
1) Platt, Kaitlyn	2) Wahlert, Daphna			
3) Tafoya, Lilliana	4) Mas Cove, Caterina			
10 Ia School Deaf 'A'	1:08.70	1:10.38	1	
1) Johns, Kaitlyn	2) Sellwood, Ali			
3) Kisichy, Rifenta	4) Vera Nieto, Ashley			

Girls 4x200 Meter Relay

School	Seed	Finals	Points
1 Fremont-Mills 'A'	1:52.69	1:59.13	10
1) Woods, McKenna	2) Gute, Bella		
3) Gute, Reese	4) Chambers, Carlie		
2 Woodbine 'A'	2:04.00	2:02.96	8
1) Thomas, Madison	2) Boettger, Leena		
3) Jochims, Anna	4) Steinkuehler, Danyelle		
3 Atlantic 'A'	2:04.63	2:04.97	6
1) McEntaffer, Jocelyn	2) Potts, Anna		
3) Narios, Nerensia	4) Hagen, Taylee		
4 Cr-Bayard 'A'	1:58.78	2:05.09	5
1) Mason, Maddy	2) Hofbauer, Lydia		
3) Olson, Kadey	4) Hart, Anna		
5 Paton-Churdan 'A'	2:05.15	2:12.35	4
1) Anderson, Bailey	2) Fowler, Kyann		
3) Fitzpatrick, Calleigh	4) Anderson, Becca		
6 Cam, Anita 'A'	2:11.20	2:19.78	3
1) Platt, Kaitlyn	2) Wahlert, Daphna		
3) Tafoya, Lilliana	4) Chaney, Lyndsey		
-- Stanton 'A'	1:53.82	DQ	
1) Silva, Brooklyn	2) Johnson, Marleigh		
3) Olson, Addison	4) Johnson, Lauren		

Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 Fremont-Mills 'A'	4:29.03	4:34.55	10
1) Switzer, Ellie	2) Thornton, Ella		
3) Chambers, Carlie	4) Ewalt, Teagan		
2 Woodbine 'A'	4:40.00	4:42.69	8
1) Hoefler, Nicole	2) Cogdill, Isabelle		
3) Kerger, Lillian	4) Steinkuehler, Danyelle		
3 Audubon 'A'		5:04.24	6
1) Mulford, Jordan	2) Foran, Emily		
3) Gust, Payton	4) Larsen, Anna		
4 Ehk-Exira 'A'	5:14.40	5:06.66	5
1) Goodwin, Gemini	2) Petersen, Jaelynn		
3) Petersen, Ella	4) Bartz, Gracie		
5 Cam, Anita 'A'	5:08.78	5:07.84	4
1) Walton, Callie	2) Dennis, Carley		
3) Follmann, Emma	4) Lund, Raelyn		

CAM CO-ED TRACK MEET - 4/18/2023**Atlantic High School****Results****....Girls 4x400 Meter Relay**

6 Stanton 'A'	5:10.00	5:09.57	3
1) Silva, Britney	2) Roberts, Meredith		
3) Roberts, Carly	4) Osher, Jasmine		

Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Fremont-Mills 'A'	10:40.30	11:37.85	10
1) Switzer, Ellie	2) Hughes, Mylie		
3) Brandt, Makenna	4) Thornton, Ella		
2 Woodbine 'A'	12:15.00	11:53.61	8
1) Sherer, Nicole	2) Murdock, Addison		
3) Olson, Elise	4) Gaytan, Riley		
3 Cam, Anita 'A'	12:44.41	12:32.01	6
1) Eden, Jaci	2) Chaney, Lyndsey		
3) Dennis, Carley	4) Walton, Callie		

Girls 800 Sprint Medley

School	Seed	Finals	H#	Points
1 Fremont-Mills 'A'	1:57.83	1:59.23	2	10
1) Gute, Bella	2) Gute, Reese			
3) Chambers, Carlie	4) Ewalt, Teagan			
2 Stanton 'A'	2:03.00	1:59.91	2	8
1) Silva, Brooklyn	2) Johnson, Marleigh			
3) Hart, Kyla	4) Johnson, Lauren			
3 Woodbine 'A'	2:04.21	2:06.23	2	6
1) Boettger, Leena	2) Walsh, Mariah			
3) Wendt, Hannah	4) Cogdill, Isabelle			
4 Atlantic 'A'	2:05.66	2:11.97	2	5
1) Knuth, Avery	2) Hagen, Taylee			
3) Pellett, Callee	4) Hinman, Delaney			
5 Ekh-Exira 'A'	2:17.70	2:12.10	1	4
1) Fahn, Harlee	2) Bartz, Gracie			
3) Goodwin, Gemini	4) Petersen, Ella			
6 Cam, Anita 'A'	2:13.36	2:14.03	2	3
1) Venteicher, Gracie	2) Platt, Kaitlyn			
3) Lund, Raelyn	4) Walton, Callie			
7 Audubon 'A'		2:14.79	1	2
1) Burr, Madison	2) Larsen, Anna			
3) Mulford, Jordan	4) Gust, Payton			
8 Paton-Churdan 'A'	2:15.75	2:14.82	1	1
1) Anderson, Bailey	2) Fowler, Kyann			
3) Fitzpatrick, Calleigh	4) Anderson, Becca			
9 Cr-Bayard 'A'	2:11.20	2:16.36	2	
1) Burmeister, Brooklynn	2) Hofbauer, Lydia			
3) Olson, Kadey	4) Thompson, Macy			

Girls Distance Medley

School	Seed	Finals	Points
1 Fremont-Mills 'A'	4:36.69	4:31.63	10

CAM CO-ED TRACK MEET - 4/18/2023**Atlantic High School****Results****....Girls Distance Medley**

1) Madison, Emily	2) Alley, Lana			
3) Ewalt, Teagan	4) Wilson, Hannah			
2 Stanton 'A'		5:03.62	5:03.19	8
1) Silva, Britney	2) McDonald, Elly			
3) Olson, Addison	4) Roberts, Meredith			
3 Woodbine 'A'		5:00.00	5:09.67	6
1) Wendt, Hannah	2) Walsh, Mariah			
3) Kerger, Lillian	4) Lapel, Adyson			
4 Cam, Anita 'A'		5:04.78	5:18.13	5
1) Venteicher, Gracie	2) Lund, Raelyn			
3) Walton, Callie	4) Eden, Jaci			
5 Audubon 'A'			5:38.24	4
1) Larsen, Anna	2) Mulford, Jordan			
3) Gust, Payton	4) Foran, Emily			
-- Cr-Bayard 'A'		5:10.24	DQ	
1) Burmeister, Brooklynn	2) Hofbauer, Lydia			
3) Thompson, Macy	4) Heithoff, Ella			

Girls 4x100 Meter Shuttle Hurdle

School	Seed	Finals	H#	Points
1 Stanton 'A'	1:10.44	1:10.65	2	10
1) McDonald, Elly				
3) Olson, Addison				
2 Woodbine 'A'	1:16.58	1:15.22	2	8
1) Hoefler, Nicole				
3) Hoefler, Taylor				
3 Fremont-Mills 'A'	1:16.00	1:16.93	2	6
1) Woods, McKenna				
3) Lopez, Leslie				
4 Cr-Bayard 'A'	1:19.49	1:19.61	1	5
1) Clayburg, Malia				
3) Downing, Mya				
5 Woodbine 'B'	1:19.56	x1:25.26	1	
1) Crook, Isabell				
3) Leaders, Reese				

Girls High Jump

Name	Year School	Seed	Finals	Points
1 Madison, Emily	Fremont-Mills	5-01.00	4-10.00	10
2 Follmann, Emma	Cam, Anita	4-10.00	J4-08.00	8
3 Petersen, Jaelynn	Ehk-Exira	4-08.00	J4-08.00	6
4 Wilson, Hannah	Fremont-Mills	5-00.00	J4-08.00	5
5 Lund, Raelyn	Cam, Anita	4-06.00	J4-06.00	4
6 Heithoff, Ella	Cr-Bayard	4-04.00	J4-04.00	2.50
6 Neligh, Kylie	Woodbine	4-10.00	J4-04.00	2.50
8 Fitzpatrick, Calleigh	Paton-Churdan	4-04.00	J4-04.00	1
9 Crook, Isabell	Woodbine	4-10.00	J4-04.00	
10 Downing, Mya	Cr-Bayard	4-04.00	4-02.00	

CAM CO-ED TRACK MEET - 4/18/2023**Atlantic High School****Results****Girls Long Jump**

Name	Year School	Seed	Finals	Points
1 Johnson, Lauren	Stanton	16-08.00	15-07.75	10
2 Erickson, Addison	Woodbine	15-02.75	15-02.50	8
3 Alley, Lana	Fremont-Mills	16-00.75	14-11.00	6
4 Hinman, Delaney	Atlantic	13-01.00	13-03.50	5
5 Jochims, Anna	Woodbine	13-08.00	13-01.00	4
6 Mulford, Jordan	Audubon	12-07.50	13-00.75	3
7 Venteicher, Gracie	Cam, Anita	11-09.00	12-10.00	2
8 Foran, Emily	Audubon	11-11.50	12-05.25	1
9 Mas Cove, Caterina	Cam, Anita	11-01.00	11-02.50	
10 Plager, Madison	Ia School Deaf	11-00.00	10-10.25	
11 Consier, Autumn	Paton-Churdan	10-11.00	10-07.50	
12 Johns, Kaitlyn	Ia School Deaf	10-02.00	10-02.50	

Girls Shot Put

Name	Year School	Seed	Finals	Points
1 Newton, Amanda	Woodbine	35-06.00	36-02.50	10
2 Mitchell, Macy	Fremont-Mills	33-10.75	32-09.75	8
3 Fahn, Harlee	Ehk-Exira	29-02.00	30-05.25	6
4 Jimenez Russell, Alexis	Atlantic	30-00.50	29-00.25	5
5 Hunt, Karys	Cam, Anita	30-05.00	28-11.75	4
6 Kelley, Bridgette	Woodbine	29-09.75	28-00.50	3
7 Mason, Maddy	Cr-Bayard	28-07.00	27-09.50	2
8 Barber, Lilly	Cam, Anita		26-06.75	1
9 Wahlert, Daphna	Cam, Anita	27-07.00	x25-06.25	
10 Atkinson, Makayla	Atlantic		25-03.50	
11 Sailors, Claire	Woodbine	26-00.75	x25-03.25	
12 O'Day, Abby	Woodbine	22-08.00	x24-09.00	
13 Thomas, Hannah	Cam, Anita		x23-06.50	
14 Reiling, Izzy	Cr-Bayard	19-10.00	23-02.25	
15 Kasperbauer, Maddie	Audubon	25-03.00	22-11.50	
16 Sellwood, Ali	Ia School Deaf	19-11.00	22-01.25	
17 Gomez, Evelyn	Audubon	16-05.00	17-00.25	
-- Smith, Lindze	Fremont-Mills	31-04.00	ND	

Girls Discus Throw

Name	Year School	Seed	Finals	Points
1 Mitchell, Macy	Fremont-Mills	96-09	101-06	10
2 Hunt, Karys	Cam, Anita	91-02	96-09	8
3 Fahn, Harlee	Ehk-Exira	76-06	80-07	6
4 Barber, Lilly	Cam, Anita	79-06	79-03	5
5 Mason, Maddy	Cr-Bayard	79-06	78-09	4
6 Jimenez Russell, Alexis	Atlantic	86-06	77-08	3
7 Kasperbauer, Maddie	Audubon	45-07	68-07	2
8 O'Day, Abby	Woodbine	63-02	68-00	1
9 King, Kennedy	Stanton		67-07	
10 Platt, Kaitlyn	Cam, Anita		x59-11	
11 Sailors, Claire	Woodbine	59-07	59-10	
12 Thomas, Hannah	Cam, Anita		x59-08	
13 Wiskus, Katie	Cr-Bayard	60-07	58-05	

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14 Crom, Lily	Fremont-Mills	67-03.50	57-08
15 Kelley, Bridgette	Woodbine	59-10	x56-08
16 Gomez, Evelyn	Audubon	48-11	54-00
17 Plager, Madison	Ia School Deaf	48-09.75	49-00
-- Atkinson, Makayla	Atlantic		ND
-- Newton, Amanda	Woodbine	98-02	ND
-- Sellwood, Ali	Ia School Deaf	54-03.50	ND

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Women - Team Rankings - 19 Events Scored

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1) Fremont-Mills	176	2) Woodbine	159.50
3) Audubon	86	4) Stanton	85
5) CAM, Anita	66	6) CR-Bayard	43.50
7) EHK-Exira	40	8) Atlantic	37
9) Paton-Churdan	10		