

**SWV April HS Coed - 4/20/2023**

**SWV Track and Field Complex**

**Results**

**Girls 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
<b>Finals</b>					
1 Cooper, Emma	Southwest Valley	13.71	13.38	4	10
2 Robles, Gabby	Lenox	13.80	13.63	4	8
3 Cox, Sadie	Lenox	13.37	13.70	4	6
4 Swain, Cindy	Essex	14.49	13.86	3	5
5 Thornburg, Jenna	East Mills	13.95	13.89	4	4
6 Peterson, Erynn	Griswold	14.02	13.99	4	3
7 Cole, Maddie	Clarinda	13.83	14.04	4	2
8 Jobe, Presley	Clarinda	13.80	14.24	4	1
9 Meier, Aly	Clarinda	14.44	x14.26	3	
10 Detrick, Kaylee	Bedford	14.76	14.48	3	
11 Boban, Audrey	East Mills	15.45	14.65	3	
12 Wederquist, Kimber	Fremont-Mills	14.34	14.79	4	
13 Verwers, Abigail	Bedford	14.72	14.80	3	
14 Stearns, Mackenzie	East Mills	16.20	x15.42	2	
15 Lopez, Leslie	Fremont-Mills	15.10	15.54	3	
16 Osher, Jasmine	Stanton	16.30	15.90	2	
17 Maeder, Mackenzie	Southwest Valley	15.89	15.99	2	
18 Dishong, Jadeyn	Griswold	16.25	16.29	2	
19 Parker, Aliyah	Shenandoah	16.42	16.45	2	
20 Beam, Izabella	Stanton	17.00	16.90	1	
21 King, Kennedy	Stanton	16.89	x16.95	2	
22 Larson, Carley	Lenox	15.55	x17.03	3	
23 Lenz, Ivey	Southwest Valley	16.63	x17.45	2	
24 Wroblewska, Marcelina	Bedford	17.95	x18.62	1	
25 Taylor, Natalie	Essex		19.23	1	
-- Humphrey, Irrys	Shenandoah	14.61	NT	3	

**Girls 200 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Cole, Taylor	Clarinda	28.10	27.44	4	10
2 Cox, Sadie	Lenox	27.80	27.75	4	8
3 Cooper, Emma	Southwest Valley	28.67	28.69	4	6
4 Hering, Kyleigh	Griswold	30.07	30.35	4	5
5 Boban, Audrey	East Mills	32.00	30.45	3	4
6 Montgomery, Alysia	East Mills	31.41	30.51	3	3
7 Wendt, Tori	Red Oak	30.47	30.52	4	2
8 Gute, Reese	Fremont-Mills	29.04	30.73	4	1
9 Peterson, Brooklynne	Griswold	32.58	32.41	3	
10 Mahaney, Olivia	Fremont-Mills	31.95	32.56	3	
11 Osher, Jasmine	Stanton	33.72	32.78	2	
12 Green, Carly	Southwest Valley	33.20	32.84	3	
13 Zech, Lucey	Lenox	33.83	32.87	2	
14 Petersen, Bentley	Lenox	31.84	x33.20	3	
15 Harrison, Ryleigh	Griswold	33.45	x33.37	3	
16 Gammell, Rylynne	Shenandoah	30.00	33.48	4	
17 Osthoff, Jesi	Clarinda		33.80	1	
18 Grundman, Hali	Bedford	34.51	34.72	2	
19 Burke, Riley	Stanton	36.00	35.83	2	
20 Lenz, Ivey	Southwest Valley	37.20	x35.87	1	
21 King, Lisa	East Mills	39.34	x36.45	1	

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**....Girls 200 Meter Dash**

22 Falchi, Lisa	Bedford	36.28	36.60	2
23 Beam, Izabella	Stanton	34.21	x36.93	2
-- O'Neal, Jocelyn	Red Oak	27.31	NT	4
-- Cole, Ellie	Clarinda	31.32	NT	3

**Girls 400 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Ewalt, Teagan	Fremont-Mills	1:02.12	1:01.79	2	10
2 Cox, Sadie	Lenox	1:02.41	1:03.22	2	8
3 O'Neal, Jocelyn	Red Oak	1:01.07	1:03.38	2	6
4 Robles, Gabby	Lenox	1:11.00	1:09.11	2	5
5 Peterson, Erynn	Griswold	1:08.16	1:11.03	2	4
6 Brodigan, Ryleigh	East Mills	1:11.66	1:14.23	2	3
7 Peterson, Brooklynn	Griswold	1:15.35	1:15.67	2	2
8 Benge, Oakley	Southwest Valley	1:16.29	1:15.68	2	1
9 Mattox, Hayleigh	Fremont-Mills		1:17.53	1	
10 Murphy, Bridgett	Bedford	1:18.00	1:19.58	1	
11 Burke, Riley	Stanton	1:25.00	1:21.01	1	
12 Musich, Macy	Bedford	1:18.15	1:21.95	1	
13 King, Kennedy	Stanton	1:28.00	1:26.69	1	
14 King, Lisa	East Mills	1:26.28	1:27.82	1	
15 Beam, Izabella	Stanton	1:26.91	x1:30.40	1	
16 Korver, Claire	Fremont-Mills	1:40.77	x1:45.37	1	

**Girls 800 Meter Run**

Name	Year School	Seed	Finals	Points
1 Wilson, Hannah	Fremont-Mills	2:26.92	2:28.86	10
2 Hunter, Maya	Clarinda	2:42.08	2:43.64	8
3 Crouse, Aspen	East Mills	2:41.60	2:45.39	6
4 Thornton, Ella	Fremont-Mills	2:54.01	2:47.41	5
5 Askeland, Marissa	Griswold	2:47.86	2:50.70	4
6 Benge, Oakley	Southwest Valley		2:59.79	3
7 Junker, Ava	Lenox	2:54.36	3:00.34	2
8 Moore, Addison	Clarinda		3:01.46	1
9 Muff, Richlyn	Clarinda	3:05.70	x3:04.76	
10 Tischer, Kate	Griswold	3:11.76	3:05.30	
11 Valdez, Kylie	Essex	3:03.54	3:05.40	
12 Klepinger, Lainey	Red Oak	3:07.38	3:06.26	
13 Shimer, Trenidy	Lenox	3:01.10	3:09.43	
14 Moreland, Braxie	Fremont-Mills	3:12.16	x3:15.00	
15 King, Kennedy	Stanton	3:40.00	3:35.32	

**Girls 1500 Meter Run**

Name	Year School	Seed	Finals	Points
1 Hartley, Mayson	Clarinda	4:58.96	5:08.28	10
2 Henke, Raenna	Clarinda	5:16.20	5:12.83	8
3 Wilson, Hannah	Fremont-Mills	5:17.60	5:15.38	6
4 Egbert, Hailey	Shenandoah	5:27.55	5:24.67	5
5 Roberts, Carly	Stanton	6:03.45	6:03.05	4

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**....Girls 1500 Meter Run**

6 King, Riley	Essex	6:09.21	6:10.22	3
7 Morriscal, Sophia	East Mills	6:30.00	6:26.72	2
8 Millikan, Josie	Griswold	6:14.63	6:31.14	1
9 Dickerson, Mallory	Shenandoah	6:36.11	6:37.54	
10 Shimer, Trenidy	Lenox	6:32.43	6:38.04	
11 Forney, Maria	Fremont-Mills	6:41.06	6:41.56	
12 Fletchall, Victoria	Southwest Valley	7:11.18	7:04.82	
13 Newton, Kya	Southwest Valley	7:06.80	7:10.19	
-- Higgins, Hannah	Clarinda	6:45.55	NT	

**Girls 3000 Meter Run**

Name	Year School	Seed	Finals	Points
1 Henke, Raenna	Clarinda	11:31.28	11:19.12	10
2 Egbert, Hailey	Shenandoah	11:38.83	11:31.41	8
3 King, Riley	Essex	15:10.40	12:37.41	6
4 Roberts, Carly	Stanton	13:22.00	13:18.84	5
5 Millikan, Josie	Griswold	13:54.05	13:57.03	4
6 Newton, Kya	Southwest Valley	15:29.78	15:24.16	3
7 Fletchall, Victoria	Southwest Valley	15:37.00	15:30.81	2

**Girls 100 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
1 Williams, Emily	East Mills	15.40	15.60	3	10
2 Denton, Chloe	Shenandoah	15.90	15.70	3	8
3 Olson, Hannah	Stanton	17.00	17.03	3	6
4 Weldon, Izzy	Fremont-Mills	17.18	17.49	3	5
5 McDonald, Elly	Stanton	17.70	17.85	3	4
6 May, Paige	Clarinda	18.10	18.07	3	3
7 Pennock, Whitney	Griswold	18.45	18.34	2	2
8 Nordyke, Bailey	Clarinda	17.98	18.74	3	1
9 Pearson, Sierra	Southwest Valley	18.37	18.89	3	
10 Johnson, Brianne	Essex	20.39	19.45	1	
11 Buffington, Paighton	Southwest Valley	19.26	19.55	2	
12 Schrodt, Layla	Bedford	19.40	19.76	2	
13 Hardee, Abigail	Bedford	19.50	19.96	2	
14 Lopez, Leslie	Fremont-Mills	19.82	19.97	2	
15 Robinson, Danielle	Lenox	19.87	20.27	2	
16 Sallach, Brinkly	Red Oak	19.29	20.38	2	
17 Gordon, Kambry	Clarinda	20.80	x20.68	1	
18 Laverty, Reese	Griswold	20.19	20.75	1	
19 Dumler, Abbey	Shenandoah	21.14	21.61	1	
20 Kirchert, Mariska	Essex		21.66	1	
21 Randall, Alyssa	Southwest Valley	20.52	x22.20	1	
22 Larson, Carley	Lenox	21.55	23.20	1	
-- Woods, McKenna	Fremont-Mills	19.22	DQ	2	

**Girls 400 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
1 Williams, Emily	East Mills	1:11.19	1:11.51	2	10

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**....Girls 400 Meter Hurdles**

2 Olson, Hannah	Stanton	1:14.11	1:14.14	2	8
3 Nordyke, Bailey	Clarinda	1:13.08	1:14.39	2	6
4 Hesse, Amelia	Clarinda	1:16.97	1:17.45	2	5
5 McDonald, Elly	Stanton	1:16.56	1:20.27	2	4
6 Hardee, Abigail	Bedford	1:22.68	1:22.05	1	3
7 Randall, Hailey	Southwest Valley	1:25.11	1:23.51	1	2
8 Sallach, Brinkly	Red Oak	1:24.38	1:23.98	1	1
9 Gordon, Kambry	Clarinda	1:21.70	x1:25.41	2	
10 McCoy, Maddie	Southwest Valley	1:27.50	1:28.41	1	
11 Robinson, Danielle	Lenox	1:27.46	1:29.16	1	
12 Dumler, Abbey	Shenandoah	1:20.00	1:33.98	2	
13 Larson, Carley	Lenox	1:28.90	1:34.32	1	
-- Adams, Addison	Griswold	1:12.28	NT	2	
-- King, Alex	Essex		NT	1	

**Girls 4x100 Meter Relay**

School	Seed	Finals	H#	Points
1 Mount Ayr 'A'	53.00	53.49	2	10
1) Jones, MaKenna				
2) Shields, Kaylie				
3) Streit, Tegan				
4) Murphy, Ashlyn				
2 Clarinda 'A'	51.45	54.30	2	8
1) Cole, Taylor				
2) Cole, Maddie				
3) Nordyke, Bailey				
4) Jobe, Presley				
3 Stanton 'A'	55.00	54.53	2	6
1) Silva, Brooklyn				
2) Olson, Hannah				
3) Olson, Addison				
4) Johnson, Lauren				
4 Fremont-Mills 'A'	55.05	54.70	2	5
1) Weldon, Izzy				
2) Gute, Bella				
3) Madison, Emily				
4) Alley, Lana				
5 Shenandoah 'A'	53.18	54.85	2	4
1) Rogers, Caroline				
2) Lantz, Kate				
3) Humphrey, Irrys				
4) Denton, Chloe				
6 Southwest Valley 'A'	57.02	56.39	1	3
1) Pearson, Alyssa				
2) Randall, Hailey				
3) Lund, Ada				
4) Cooper, Emma				
7 Red Oak 'A'	55.17	56.83	2	2
1) Wendt, Tori				
2) Gray, Marley				
3) Schmadeke, Hope				
4) O'Neal, Jocelyn				
8 East Mills 'A'	55.25	56.84	2	1
1) Goodman, Natalie				
2) Montgomery, Alysia				
3) Boban, Audrey				
4) Laumann, Kandra				
9 Essex 'A'	59.18	57.89	1	
1) Kirchert, Mariska				
2) Burns, Brooke				
3) Burns, Tori				
4) Swain, Cindy				
10 Clarinda 'B'	51.45	x57.95	2	
1) Nothwehr, Elleson				
2) Price, Annika				
3) Smith, Elexiea				
4) Wellhausen, Carsen				
11 Fremont-Mills 'B'	59.00	x58.17	1	
1) Woods, McKenna				
2) Lopez, Leslie				
3) Mahaney, Olivia				
4) Wederquist, Kimber				
12 Bedford 'A'	59.10	59.26	1	
1) Detrick, Kaylee				
2) Perkins, Cadence				
3) Verwers, Abigail				
4) Schrodtd, Layla				

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**....Girls 4x100 Meter Relay**

13 East Mills 'B'		x59.66	1
1) Brodigan, Ryleigh	2) Goodman, Mia		
3) Sayers, Venna	4) Stearns, Mackenzie		
14 Lenox 'A'	56.76	1:00.93	1
1) Petersen, Bentley	2) Ramsey, Greenly		
3) Pantoja, Eleah	4) Douglas, Cadence		
15 Southwest Valley 'B'	1:01.00	x1:02.56	1
1) McCoy, Maddie	2) Randall, Alyssa		
3) Maeder, Mackenzie	4) Buffington, Paighton		
-- Griswold 'A'	1:02.32	DQ	1
1) Peterson, Brooklynne	2) Kirchhoff, R'Nya		
3) Harrison, Ryleigh	4) Wiechman, McKenna		

**Girls 4x200 Meter Relay**

School	Seed	Finals	H#	Points
1 Fremont-Mills 'A'	1:52.69	1:53.34	2	10
1) Madison, Emily	2) Chambers, Carlie			
3) Alley, Lana	4) Ewalt, Teagan			
2 Stanton 'A'	1:56.00	1:57.33	2	8
1) Silva, Brooklyn	2) Silva, Britney			
3) Olson, Addison	4) Johnson, Lauren			
3 Clarinda 'A'	1:49.06	1:58.55	2	6
1) Jobe, Presley	2) Cole, Maddie			
3) Wagoner, Addison	4) Meier, Aly			
4 East Mills 'A'	1:58.00	2:02.64	2	5
1) Thornburg, Jenna	2) Goodman, Natalie			
3) Urban, Miah	4) Laumann, Kandra			
5 Bedford 'A'	2:03.40	2:06.04	2	4
1) Snethen, Jaynee	2) Perkins, Cadence			
3) Sayler, Erica	4) Longfellow, Joslyn			
6 Southwest Valley 'A'	2:02.00	2:06.76	2	3
1) Pearson, Alyssa	2) Randall, Hailey			
3) Dimmler, Andraya	4) Lillie, Katey			
7 Griswold 'A'	1:59.20	2:07.17	2	2
1) Hering, Kyleigh	2) Kirchhoff, R'Nya			
3) Wiechman, McKenna	4) Mundorf, Emma			
8 Clarinda 'B'	1:49.06	x2:09.29	2	
1) Nothwehr, Elleson	2) Price, Annika			
3) Smith, Elexiea	4) Wellhausen, Carsen			
9 Shenandoah 'A'	2:10.00	2:12.54	1	1
1) Humphrey, Irrys	2) Cochran, Makayla			
3) Parker, Aliyah	4) Gammell, Rylynne			
10 Lenox 'A'	2:09.52	2:17.44	1	
1) Pantoja, Eleah	2) Douglas, Kenzie			
3) Petersen, Brynna	4) Zech, Lucey			
-- Essex 'A'	2:04.09	NT	1	
1) Resh, Addy	2) Burns, Brooke			
3) Burns, Tori	4) Swain, Cindy			

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**Girls 4x400 Meter Relay**

School	Seed	Finals	Points
1 Fremont-Mills 'A'	4:29.03	4:21.43	10
1) Switzer, Ellie			
3) Wilson, Hannah			
2 East Mills 'A'	4:36.75	4:36.34	8
1) Thornburg, Jenna			
3) Crouse, Aspen			
3 Griswold 'A'	4:41.14	4:44.17	6
1) Pennock, Whitney			
3) Askeland, Marissa			
4 Clarinda 'B'	5:10.00	4:44.69	5
1) Hartley, Mayson			
3) Cole, Ellie			
5 Southwest Valley 'A'	4:50.00	4:53.75	4
1) Adams, Emily			
3) Top, Haidyn			
6 Lenox 'A'	4:53.08	4:53.80	3
1) Ramsey, Greenly			
3) Junker, Ava			
7 Bedford 'A'	5:02.82	4:55.64	2
1) Snethen, Jaynee			
3) Sayler, Erica			
8 Stanton 'A'	5:10.00	5:06.74	1
1) Silva, Britney			
3) Osher, Jasmine			
-- Clarinda 'A'	4:21.02	NT	
1) Cole, Maddie			
3) Gray, Kelby			

**Girls 4x800 Meter Relay**

School	Seed	Finals	Points
1 Fremont-Mills 'A'	10:40.30	11:50.14	10
1) Switzer, Ellie			
3) Hughes, Mylie			
2 Clarinda 'A'	11:31.64	11:54.89	8
1) Gordon, Kambry			
3) Muff, Richlyn			
3 East Mills 'A'	12:09.56	12:04.92	6
1) Crouse, Aspen			
3) Brodigan, Ryleigh			
4 Griswold 'A'	11:45.21	12:27.04	5
1) Mundorf, Emma			
3) Millikan, Josie			
5 Southwest Valley 'A'	12:15.50	12:42.26	4
1) Adams, Emily			
3) Green, Carly			
6 Lenox 'A'	12:31.84	12:49.11	3
1) Junker, Ava			
3) Petersen, Brynna			
-- Red Oak 'A'	12:15.81	NT	
1) Klepinger, Lainey			
3) Sallach, Brinkly			

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**Girls 800 Sprint Medley**

School	Seed	Finals	H#	Points
1 Fremont-Mills 'A'	1:57.83	1:59.10	2	10
1) Gute, Bella	2) Gute, Reese			
3) Chambers, Carlie	4) Ewalt, Teagan			
2 East Mills 'A'	1:59.95	2:02.30	2	8
1) Montgomery, Alysia	2) Urban, Miah			
3) Thornburg, Jenna	4) Williams, Emily			
3 Lenox 'A'	2:01.59	2:03.40	2	6
1) Petersen, Bentley	2) Ramsey, Greenly			
3) Robles, Gabby	4) Cox, Sadie			
4 Shenandoah 'A'	2:02.71	2:05.40	2	5
1) Rogers, Caroline	2) Green, Lynnae			
3) Lantz, Kate	4) Denton, Chloe			
5 Griswold 'A'	2:04.78	2:05.60	2	4
1) Hering, Kyleigh	2) Peterson, Brooklynne			
3) Adams, Addison	4) Peterson, Erynn			
6 Clarinda 'A'	1:55.39	2:05.80	2	3
1) Gray, Kelby	2) Kent, Carli			
3) Meier, Aly	4) Wagoner, Addison			
7 Stanton 'A'	2:07.00	2:09.60	2	2
1) Silva, Britney	2) McDonald, Elly			
3) Silva, Brooklyn	4) Roberts, Meredith			
8 Bedford 'A'	2:09.40	2:11.80	1	1
1) Detrick, Kaylee	2) Verwers, Abigail			
3) Snethen, Jaynee	4) Sayler, Erica			
9 Southwest Valley 'A'	2:10.95	2:14.10	1	
1) Lund, Ada	2) Pearson, Sierra			
3) Pearson, Alyssa	4) Top, Haidyn			
10 Red Oak 'A'	2:00.26	2:16.30	2	
1) Wendt, Tori	2) Gray, Marley			
3) Schmadeke, Hope	4) Grass, Michelle			
11 Southwest Valley 'B'	2:14.00	x2:19.40	1	
1) Lillie, Katey	2) Maeder, Mackenzie			
3) McCoy, Maddie	4) Randall, Hailey			
-- Essex 'A'		NT	1	
1) Swain, Cindy	2) Burns, Brooke			
3) Resh, Addy	4) Valdez, Kylie			

**Girls Distance Medley**

School	Seed	Finals	Points
1 Clarinda 'A'	4:29.36	4:48.13	10
1) Gray, Kelby	2) Kent, Carli		
3) Hunter, Maya	4) Henke, Raenna		
2 Fremont-Mills 'A'	5:10.00	4:53.56	8
1) Gute, Bella	2) Gute, Reese		
3) Thornton, Ella	4) Switzer, Ellie		
3 Stanton 'A'	5:03.62	5:06.39	6
1) Silva, Britney	2) Silva, Brooklyn		
3) Olson, Addison	4) Roberts, Meredith		
4 Griswold 'A'	5:03.13	5:14.35	5
1) Hering, Kyleigh	2) Pennock, Whitney		
3) Adams, Addison	4) Askeland, Marissa		

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**....Girls Distance Medley**

5	Lenox 'A'	4:55.04	5:20.00	4
	1) Petersen, Bentley	2) Douglas, Cadence		
	3) Ramsey, Greenly	4) Junker, Ava		
6	Essex 'A'		5:24.98	3
	1) Resh, Addy	2) Burns, Tori		
	3) King, Alex	4) King, Riley		
7	Southwest Valley 'A'	5:28.33	5:31.38	2
	1) Top, Haidyn	2) Pearson, Sierra		
	3) Green, Carly	4) Adams, Emily		
8	Shenandoah 'A'	4:50.25	5:33.98	1
	1) Cochran, Makayla	2) Burdorf, Jenna		
	3) Gammell, Rylynn	4) Dickerson, Mallory		

**Girls 4x100 Meter Shuttle Hurdle**

School	Seed	Finals	H#	Points
1 Fremont-Mills 'A'	1:10.46	1:10.06	3	10
1) Wilson, Hannah	2) Gute, Bella			
3) Weldon, Izzy	4) Madison, Emily			
2 Stanton 'A'	1:10.09	1:11.73	3	8
1) Johnson, Lauren	2) McDonald, Elly			
3) Olson, Addison	4) Olson, Hannah			
3 Fremont-Mills 'B'	1:14.00	x1:12.91	3	
1) Chambers, Charlie	2) Woods, McKenna			
3) Gute, Reese	4) Alley, Lana			
4 Shenandoah 'A'	1:11.40	1:13.06	3	6
1) Lantz, Kate	2) Rogers, Caroline			
3) Burdorf, Jenna	4) Denton, Chloe			
5 Clarinda 'A'	1:16.90	1:17.59	2	5
1) May, Paige	2) Hesse, Amelia			
3) Gordon, Kambry	4) Nordyke, Bailey			
6 Bedford 'A'	1:21.54	1:24.19	1	4
1) Schrodtt, Layla	2) Verwers, Abigail			
3) Longfellow, Joslyn	4) Rowan, Talyn			
7 Southwest Valley 'A'	1:19.81	1:25.74	2	3
1) Buffington, Paighton	2) Randall, Alyssa			
3) McCoy, Maddie	4) Pearson, Sierra			
8 Essex 'A'	1:28.40	1:27.36	1	2
1) Kirchert, Mariska	2) King, Alex			
3) Valdez, Kylie	4) Johnson, Brianne			
-- Griswold 'A'	1:16.09	NT	2	
1) Laverty, Reese	2) Mundorf, Emma			
3) Adams, Addison	4) Pennock, Whitney			

**Girls High Jump**

Name	Year School	Seed	Finals	Points
1 Douglas, Cadence	Lenox	5-01.00	J4-08.00	10
2 Madison, Emily	Fremont-Mills	5-01.00	J4-08.00	8
3 Wellhausen, Carsen	Clarinda	4-08.00	J4-04.00	6
4 Lund, Ada	Southwest Valley	4-10.00	J4-04.00	5
-- Dimmler, Andraya	Southwest Valley	4-04.00	NH	
-- Lantz, Kate	Shenandoah	4-10.00	NH	



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**....Girls High Jump**

-- Schmadeke, Hope	Red Oak	4-06.00	NH
-- Robinson, Danielle	Lenox	4-06.00	NH
-- Lenz, Ivey	Southwest Valley		NH

**Girls Long Jump**

Name	Year School	Seed	Finals	Points
1 Cooper, Emma	Southwest Valley	16-05.00	16-00.00	10
2 Johnson, Lauren	Stanton	16-08.00	15-02.00	8
3 Alley, Lana	Fremont-Mills	16-00.75	14-06.50	6
4 O'Neal, Jocelyn	Red Oak	16-10.00	14-01.75	5
5 Detrick, Kaylee	Bedford	14-10.00	14-00.25	4
6 Longfellow, Joslyn	Bedford	14-00.50	13-00.00	3
7 Pearson, Alyssa	Southwest Valley	12-00.00	12-04.75	2
8 Wiechman, McKenna	Griswold	13-07.00	12-03.50	1
9 Dickerson, Mallory	Shenandoah	12-03.00	11-10.00	
10 Humphrey, Irrys	Shenandoah	14-04.00	11-05.50	
11 Tischer, Kate	Griswold	13-01.50	11-04.00	
12 Cochran, Makayla	Shenandoah	11-06.50	x10-06.50	
13 Laverty, Reese	Griswold	12-01.00	x10-05.75	
-- King, Lisa	East Mills	10-03.00	ND	
-- Laumann, Kandra	East Mills	13-06.75	ND	

**Girls Discus Throw**

Name	Year School	Seed	Finals	Points
1 Peters, Lilly	Sidney	107-08	104-00	10
2 Ogle, Amanda	Bedford	98-08	85-05	8
3 Askeland, Makenna	Griswold	88-09.50	84-11	6
4 Baker, Emily	Bedford	102-08	81-01	5
5 Johnson, Brianne	Essex	83-08	79-07	4
6 Durfey, Quinn	Clarinda	88-00	76-10	3
7 Merrill, Lylly	Clarinda	76-06	75-07	2
8 Kinser, Delilah	Griswold	68-04	72-07	1
9 Harrison, Ryleigh	Griswold	77-05	x70-05	
10 Richards, Mackenzie	Southwest Valley	75-04	70-00	
11 Crom, Lily	Fremont-Mills	67-03.50	69-00	
12 Davies, Samantha	Southwest Valley	87-00	67-02	
13 Ogle, Hanna	Bedford	82-03	x66-06	
14 Taylor, Natalie	Essex	68-06	65-03	
15 Haynie, Adrian	Stanton	66-06	62-09	
16 Wimer, Genesis	Lenox	77-05	58-10	
17 Zech, Lucey	Lenox	48-09	48-05	
17 Petersen, Brynna	Lenox	57-00.50	x48-05	
19 Means, Julia	Southwest Valley	60-11.25	x43-10	
-- Howard, Sage	Clarinda	88-09	ND	
-- Parker, Aliyah	Shenandoah	90-03	ND	
-- Mattox, Hayleigh	Fremont-Mills	81-06.50	ND	
-- King, Kennedy	Stanton		ND	

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**Boys 100 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Thornburg, Zach	East Mills	11.82	11.55	3	10
2 German, Keaton	Glenwood	12.83	11.99	2	8
3 Sitzman, KC	Southwest Valley	12.04	12.01	3	6
4 Schroeder, Drew	Glenwood	12.51	12.11	3	4
5 Johnson, Adam	Clarinda	12.11	12.19	3	2
6 Urban, Caleb	East Mills	12.60	12.22	3	1
7 Sunderman, Ayden	Clarinda	12.70	12.24	2	
8 Martin, Jacob	Stanton	12.61	12.35	2	
8 Foster, Treyten	Shenandoah	12.23	12.35	3	
10 Engstrand, Kade	Clarinda	12.43	x12.52	3	
11 Sneed, Ashtin	Glenwood	12.97	x12.82	2	
12 Sample, Gage	Shenandoah	12.61	12.90	2	
13 Kling, Lawson	Fremont-Mills	13.09	12.98	2	
14 Grebin, Rylan	Stanton	12.92	13.06	2	
15 Rycroft, Carter	Fremont-Mills	13.40	13.31	2	
16 Kline, Ashon	Essex	13.93	13.75	1	
17 Sowers, Brodee	Stanton	14.77	x15.25	1	
18 O'Brien, Cooper	Shenandoah	15.52	x15.41	1	
-- Knapp, Marshall	Southwest Valley	12.46	NT	3	

**Boys 100 Meter Dash Wheelchair**

Name	Year School	Seed	Finals	Points
1 Steng, Titus	Shenandoah		J23.18	

**Boys 200 Meter Dash Wheelchair**

Name	Year School	Seed	Finals	Points
1 Steng, Titus	Shenandoah		J46.90	

**Boys 200 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Graham, Cole	Shenandoah	24.00	23.70	3	10
2 Phillips, Cooper	Clarinda	24.94	24.00	3	8
3 Norton, Jonah	Clarinda	24.94	24.11	3	6
4 Sitzman, KC	Southwest Valley	24.61	24.70	3	4
5 Roop, Kaiden	Clarinda	24.94	x25.00	3	
6 German, Keaton	Glenwood	25.15	25.30	3	2
7 Wookey, Jonan	Stanton	26.46	25.31	2	1
8 Brodigan, Jiri	East Mills	26.27	25.70	2	
9 Kling, Lawson	Fremont-Mills	26.83	26.10	2	
10 Eiseman, Christian	Glenwood	25.56	26.30	3	
11 French, Logan	Stanton	26.62	x26.60	2	
11 Ford, Gavin	Stanton	26.38	26.60	2	
13 Schmitt, Tyler	Glenwood	26.20	x26.80	2	
14 Forney, Sawyer	Fremont-Mills	26.86	27.00	2	
15 Sholes, Wade	Essex	28.43	27.56	1	
16 Ford, Vincent	Shenandoah	28.70	28.19	1	
17 O'Brien, Cooper	Shenandoah	32.29	x33.51	1	

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**....Boys 200 Meter Dash**

-- Brown, Ian	Southwest Valley	26.60	NT	2
-- Knapp, Marshall	Southwest Valley	25.00	NT	3

**Boys 400 Meter Dash Wheelchair**

Name	Year School	Seed	Finals	Points
1 Steng, Titus	Shenandoah		J1:43.78	

**Boys 400 Meter Dash**

Name	Year School	Seed	Finals	H#	Points
1 Wyman, Alec	Clarinda	54.48	55.54	2	10
2 Lihs, Alex	Clarinda	57.05	55.81	2	8
3 Mendenhall, Wyatt	Southwest Valley	56.33	56.81	2	6
4 Dalton, Pierce	Glenwood	57.22	59.32	2	4
5 Shain, Talon	Glenwood	1:02.09	1:00.13	2	2
6 Swank, Hunter	Shenandoah	1:04.47	1:00.98	1	1
7 Forney, Sawyer	Fremont-Mills	1:02.46	1:02.64	2	
7 Mick, Braden	Shenandoah	1:05.41	1:02.64	1	
9 McPherson, Brayden	Glenwood	1:07.71	x1:03.16	1	
10 Cox, Brandon	Southwest Valley	58.81	1:04.13	2	
11 Kline, Ashon	Essex	1:05.18	1:07.39	1	
12 Ford, Vincent	Shenandoah	1:07.27	x1:07.40	1	
13 Ethofer, Kaleb	Fremont-Mills	1:11.49	1:13.03	1	
14 Sholes, Isaiah	Essex	1:14.04	1:16.46	1	
15 Allen, Zooey	Stanton	1:15.00	1:17.96	1	
-- Knapp, Marshall	Southwest Valley	57.20	NT	2	

**Boys 800 Meter Run**

Name	Year School	Seed	Finals	Points
1 Urban, Caleb	East Mills	2:11.00	2:13.95	10
2 Weidman, Ronnie	Clarinda	2:17.20	2:17.21	8
3 Lemonds, Ike	Fremont-Mills	2:19.46	2:22.29	6
4 Barrett, Steven	East Mills	2:30.00	2:23.67	4
5 Rodewald, Rafe	Shenandoah	2:27.64	2:27.47	2
6 Kellogg, Dalton	Shenandoah	2:31.47	2:29.04	1
7 Carpenter, Preston	Stanton	2:33.71	2:36.47	
8 Cox, Brandon	Southwest Valley	2:38.11	2:37.33	
9 Gross, Christian	Clarinda		2:40.40	
10 Carter, Anderson	Fremont-Mills	2:39.34	2:43.03	
11 Baldwin, Wyatt	Shenandoah	2:54.74	x2:59.57	
12 Anderson, Keaton	Essex	3:33.97	3:06.54	
13 Allen, Zooey	Stanton	3:10.00	3:06.96	
-- Eddy, Quaid	Southwest Valley	2:48.30	NT	
-- West, Ethan	Glenwood	2:30.88	NT	

**Boys 1600 Meter Run**

Name	Year School	Seed	Finals	Points
1 Schaapherder, Treyton	Clarinda	4:35.62	4:40.87	10

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**....Boys 1600 Meter Run**

2	Wagoner, Kyle	Clarinda	4:40.14	4:48.04	8
3	Lemons, Ike	Fremont-Mills	5:11.30	5:19.92	6
4	Obermiller, Anthony	East Mills	5:18.92	5:20.26	4
5	West, Ethan	Glenwood	5:19.58	5:20.72	2
6	Johnson, Camryn	East Mills	5:33.42	5:22.74	1
7	McDonald, James	Stanton	5:30.00	5:34.41	
8	Little Thunder, Damien	Shenandoah	5:26.91	5:58.63	
9	Harris, Cade	Fremont-Mills	6:10.00	6:04.38	
10	Hopf, Evan	Stanton	6:09.00	6:06.25	
11	Boswell, Ashton	Southwest Valley	6:42.50	6:13.24	
12	Eddy, Quaid	Southwest Valley	6:25.25	6:41.08	
13	Baldwin, Wyatt	Shenandoah	6:49.31	6:45.09	
14	Anderson, Keaton	Essex	7:09.11	7:36.96	
--	Kellogg, Dylan	Shenandoah	5:29.05	NT	

**Boys 3200 Meter Run**

Name	Year School	Seed	Finals	Points
1 Schaapherder, Treyton	Clarinda	9:36.52	9:55.98	10
2 Lemons, Ike	Fremont-Mills	11:15.65	11:22.07	8
3 Obermiller, Anthony	East Mills	11:14.24	11:25.31	6
4 Johnson, Camryn	East Mills	11:44.53	11:51.19	4
5 Kellogg, Dylan	Shenandoah	11:48.92	12:20.31	2
6 Eddy, Quaid	Southwest Valley	14:37.10	13:42.75	1
7 Allen, Zooey	Stanton	13:58.26	14:09.59	
8 Anderson, Keaton	Essex	13:57.69	15:52.20	

**Boys 110 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
1 Foreman, Sam	Cam	15.00	15.03	2	10
2 Follmann, Jack	Cam	15.20	15.52	2	8
3 Embree, Peyton	East Mills	16.14	15.69	2	6
4 DeGroot, Xavier	Clarinda	16.61	16.86	2	4
5 Madison, Lucas	Fremont-Mills	19.32	17.37	1	2
6 Pearson, Evan	Southwest Valley	17.99	17.96	2	1
7 Brown, Ian	Southwest Valley	18.40	18.42	2	
8 Schaaf, Blake	Fremont-Mills	18.85	18.67	2	
9 Labrum, Ben	Shenandoah	18.58	18.69	2	
10 Simonetti, Pauley	Glenwood	21.15	19.51	1	
11 Ludwig, Tristan	Glenwood	20.62	19.55	1	
12 Iversen, Crayton	Clarinda		19.81	1	
-- Pratt, Shain	Glenwood	22.00	NT	1	

**Boys 400 Meter Hurdles**

Name	Year School	Seed	Finals	H#	Points
1 Follmann, Jack	Cam	55.31	55.28	2	10
2 McGrew, Davis	East Mills	59.00	58.35	2	8
3 Grebin, Nolan	Stanton	1:00.62	58.49	2	6
4 Martin, Joshua	Stanton	1:01.80	1:02.51	2	4
5 Mixan, Maverick	Glenwood	1:03.06	1:03.49	2	2

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**....Boys 400 Meter Hurdles**

6 Harris, Noah	Clarinda	1:02.80	1:03.79	2	1
7 Moutray, Matthew	Shenandoah	1:06.25	1:04.89	2	
8 Swank, Hunter	Shenandoah		1:06.30	1	
9 Hartman, Riley	Southwest Valley	1:10.35	1:06.54	1	
10 Schaaf, Blake	Fremont-Mills	1:07.12	1:07.65	2	
11 Greenwalt, Devin	Southwest Valley	1:07.56	1:07.81	1	
12 Eighmy, Taten	Clarinda	1:07.78	1:08.20	1	
13 Rycroft, Carter	Fremont-Mills	1:08.00	1:10.14	1	
-- Ludwig, Tristan	Glenwood	1:12.40	NT	1	

**Boys 4x100 Meter Relay**

=====					
School		Seed	Finals	H#	Points
=====					
1 Shenandoah 'A'		45.19	44.62	2	10
1) Dukes, Hunter	2) Cullin, Brody				
3) Graham, Cole	4) Razee, Alex				
2 Clarinda 'A'		44.29	45.09	2	8
1) Jones, Isaac	2) Brown, Tady				
3) Schmitt, Wyatt	4) Phillips, Cooper				
3 East Mills 'A'		46.41	46.90	2	6
1) Thornburg, Zach	2) Crouse, Mason				
3) Stortenbecker, Ryan	4) McGrew, Davis				
4 Glenwood 'A'		47.15	47.69	2	4
1) Sneed, Ashtin	2) German, Keaton				
3) Schroeder, Drew	4) Eiseman, Christian				
5 Stanton 'A'		47.81	48.19	2	2
1) Martin, Jacob	2) Wookey, Jonan				
3) Grebin, Nolan	4) Martin, Joshua				
6 Clarinda 'B'		50.00	x48.39	1	
1) Sunderman, Ayden	2) Wyman, Nolan				
3) Eighmy, Taten	4) Baumgart, Cole				
7 Southwest Valley 'A'		48.48	48.61	2	1
1) Mullen, Theron	2) Currin, Isaac				
3) Mendenhall, Wyatt	4) Sitzman, KC				
8 Shenandoah 'B'		48.00	x49.13	2	
1) Martin, Xavier	2) McManis, Zane				
3) Smithhisler (Clark), River	4) Foster, Treyten				
9 Fremont-Mills 'A'		49.00	49.20	2	
1) Kling, Lawson	2) Ekpai, Jonathan				
3) VanHouten, Paxten	4) VanHouten, Payten				
10 Stanton 'B'		51.10	x55.31	1	
1) Yeager, Max	2) Sowers, Brodee				
3) Gibbs, Brody	4) Reynolds, Dylan				
-- Glenwood 'B'		49.38	DQ	1	
1) Aust, Jacob	2) Pratt, Shain				
3) Walter, Blaine	4) Simonetti, Pauley				

**Boys 4x200 Meter Relay**

=====					
School		Seed	Finals	H#	Points
=====					
1 Clarinda 'A'		1:32.40	1:32.89	2	10
1) Schmitt, Wyatt	2) Phillips, Cooper				
3) Jones, Isaac	4) Brown, Tady				

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2 Shenandoah 'A'	1:35.58	1:33.24	2	8
1) Dukes, Hunter			2) Razee, Alex	
3) Graham, Cole			4) Cullin, Brody	
3 Glenwood 'A'	1:48.42	1:41.14	1	5
1) Sneed, Ashtin			2) German, Keaton	
3) Schroeder, Drew			4) Eiseman, Christian	
3 East Mills 'A'	1:37.19	1:41.14	2	5
1) Thornburg, Zach			2) Crouse, Mason	
3) Brodigan, Jiri			4) Stearns, Cooper	
5 Fremont-Mills 'A'	1:42.94	1:42.86	2	2
1) VanHouten, Paxten			2) Madison, Lucas	
3) Linkenhoker, Dylan			4) VanHouten, Payten	
6 Shenandoah 'B'	1:42.00	x1:45.60	2	
1) Sample, Gage			2) Smithhisler (Clark), River	
3) Thompson, Treyvein			4) Johnson, Ayden	
7 Stanton 'A'	1:42.93	1:46.23	2	1
1) French, Logan			2) Grebin, Rylan	
3) Reynolds, Dylan			4) Wookey, Jonan	
8 Southwest Valley 'A'	1:42.19	1:46.79	2	
1) Pearson, Evan			2) Greenwalt, Devin	
3) Wetzels, Gavin			4) Hogan, Cael	
9 Glenwood 'B'	1:46.68	x1:49.94	2	
1) Walter, Blaine			2) Shain, Talon	
3) Fauble, Reese			4) McPherson, Brayden	
10 Essex 'A'	1:53.40	1:57.94	1	
1) Sholes, Isaiah			2) Sholes, Wade	
3) Vanatta, Qwintyn			4) Kline, Ashon	
11 Clarinda 'B'	2:00.62	x1:59.84	1	
1) Carson, Landen			2) Johnson, Aidan	
3) Zavala, Cesar			4) Tillman, Brayden	

**Boys 4x400 Meter Relay**

School	Seed	Finals	Points
1 Shenandoah 'A'	3:38.45	3:39.73	10
1) Razee, Alex			2) Dukes, Hunter
3) Graham, Cole			4) Cullin, Brody
2 Clarinda 'A'	3:36.44	3:50.02	8
1) Wyman, Alec			2) Roop, Kaiden
3) Engstrand, Kade			4) Norton, Jonah
3 Stanton 'A'	4:02.25	3:55.88	6
1) Martin, Jacob			2) Wookey, Jonan
3) Grebin, Nolan			4) Martin, Joshua
4 Fremont-Mills 'A'	3:59.10	3:56.97	4
1) Linkenhoker, Dylan			2) Baker, Landon
3) Sanchez, Sam			4) Forney, Sawyer
5 Glenwood 'A'	4:10.51	3:58.75	2
1) Dalton, Pierce			2) Mixan, Maverick
3) Schmitt, Tyler			4) Reed, Scott
6 East Mills 'A'	3:45.52	3:59.19	1
1) Embree, Peyton			2) Embree, Jackson
3) Stearns, Cooper			4) Brodigan, Jiri
7 Clarinda 'B'	3:50.00	x4:00.08	
1) Harris, Noah			2) Lihs, Alex

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3) Carson, Landen	4) Manes, Morgan		
8 Southwest Valley 'A'	4:00.71	4:19.51	
1) Wetzel, Gavin	2) Cox, Brandon		
3) Hartman, Riley	4) Hogan, Cael		
9 Stanton 'B'	4:03.25	x4:25.23	
1) McDonald, James	2) Hopf, Evan		
3) Carpenter, Preston	4) French, Logan		

**Boys 4x800 Meter Relay**

School	Seed	Finals	Points
1 Clarinda 'A'	8:48.91	9:41.94	10
1) Weidman, Ronnie	2) Manes, Morgan		
3) Iversen, Deacon	4) Lihs, Alex		
2 Stanton 'A'	9:50.45	10:13.55	8
1) McDonald, James	2) Carpenter, Preston		
3) Hopf, Evan	4) Gibbs, Brody		
3 Shenandoah 'A'	9:55.28	10:19.20	6
1) Rodewald, Rafe	2) Little Thunder, Damien		
3) Kellogg, Dalton	4) Mick, Braden		
4 Southwest Valley 'A'	10:07.52	10:35.78	4
1) Hartman, Riley	2) Boswell, Ashton		
3) Cox, Brandon	4) Hogan, Cael		
5 Fremont-Mills 'A'	10:18.89	10:42.63	2
1) Harris, Cade	2) Carter, Anderson		
3) Dines, Ethan	4) Sanchez, Sam		

**Boys 800 Sprint Medley**

School	Seed	Finals	H#	Points
1 Shenandoah 'A'	1:36.12	1:39.40	2	10
1) Martin, Xavier	2) Dukes, Hunter			
3) Cullin, Brody	4) Razee, Alex			
2 Clarinda 'A'	1:40.09	1:44.00	2	8
1) Johnson, Adam	2) Roop, Kaiden			
3) Norton, Jonah	4) Wyman, Alec			
3 Southwest Valley 'A'	1:48.38	1:47.00	2	6
1) Currin, Isaac	2) Fast, Evan			
3) Sitzman, KC	4) Mendenhall, Wyatt			
4 Fremont-Mills 'A'	1:45.09	1:47.30	2	4
1) Madison, Lucas	2) Baker, Landon			
3) VanHouten, Payten	4) Linkenhoker, Dylan			
5 Shenandoah 'B'	1:43.00	x1:51.60	2	
1) McManis, Zane	2) Foster, Treyten			
3) Labrum, Ben	4) Johnson, Ayden			
6 Clarinda 'B'	1:46.00	x1:52.30	2	
1) Baumgart, Cole	2) DeGroot, Xavier			
3) Engstrand, Kade	4) Wyman, Nolan			
7 Glenwood 'A'	1:50.23	1:53.50	1	2
1) Sneed, Ashtin	2) Walter, Blaine			
3) Reed, Scott	4) Shain, Talon			
8 Glenwood 'B'	1:52.95	x1:55.10	1	
1) Aust, Jacob	2) Schmitt, Tyler			

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**....Boys 800 Sprint Medley**

3) Fauble, Reese	4) McPherson, Brayden				
9 Stanton 'A'	1:55.00	2:03.30	1	1	
1) Yeager, Max	2) Sowers, Brodee				
3) Carpenter, Preston	4) Hopf, Evan				

**Boys Distance Medley**

School	Seed	Finals	Points
1 Clarinda 'A'	3:48.62	3:44.95	10
1) Schmitt, Wyatt			
3) Brown, Tady			
2 Glenwood 'A'	4:11.86	4:11.11	8
1) Aust, Jacob			
3) West, Ethan			
3 Fremont-Mills 'A'	4:06.46	4:12.39	6
1) VanHouten, Paxten			
3) Sanchez, Sam			
4 Stanton 'A'	4:14.08	4:16.36	4
1) Ford, Gavin			
3) French, Logan			
5 Shenandoah 'A'	4:11.41	4:18.35	2
1) McManis, Zane			
3) Martin, Xavier			
6 Southwest Valley 'A'	4:42.13	4:21.27	1
1) Wetzels, Gavin			
3) Greenwalt, Devin			
7 Clarinda 'B'	4:30.00	x4:24.39	
1) In, Ayden			
3) Iversen, Deacon			

**Boys 4x110 Meter Shuttle Hurdle**

School	Seed	Finals	H#	Points
1 Stanton 'A'	1:07.40	1:07.04	2	10
1) Ford, Gavin				
3) Grebin, Nolan				
2 East Mills 'A'	1:08.35	1:07.52	2	8
1) Stortenbecker, Ryan				
3) Embree, Jackson				
3 Fremont-Mills 'A'	1:08.00	1:07.60	2	6
1) Madison, Lucas				
3) Schaaf, Blake				
4 Southwest Valley 'A'	1:10.00	1:09.25	2	4
1) Hartman, Riley				
3) Pearson, Evan				
5 Glenwood 'A'	1:16.16	1:15.74	1	2
1) Dalton, Pierce				
3) Pratt, Shain				
6 Shenandoah 'A'	1:11.07	1:15.88	1	1
1) Labrum, Ben				
3) Thompson, Treyvein				



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**Boys High Jump**

Name	Year School	Seed	Finals	Points
1 Knapp, Marshall	Southwest Valley	6-06.50	6-03.00	10
2 Jones, Isaac	Clarinda	6-07.00	6-01.00	8
3 Embree, Peyton	East Mills	5-04.00	5-06.00	6
4 Wetzell, Gavin	Southwest Valley	5-08.00	5-04.00	4
-- Sholes, Isaiah	Essex	5-04.00	NH	
-- Eiseman, Christian	Glenwood	5-04.00	NH	
-- Harris, Noah	Clarinda	5-04.00	NH	
-- Vanatta, Qwintyn	Essex	5-04.00	NH	
-- Embree, Jackson	East Mills	5-04.00	NH	
-- Johnson, Ayden	Shenandoah	5-00.00	NH	
-- McLaughlin, Jordan	Fremont-Mills		NH	
-- Schroeder, Drew	Glenwood	5-08.00	NH	
-- Thompson, Treyvein	Shenandoah	5-04.00	NH	

**Boys Long Jump**

Name	Year School	Seed	Finals	Points
1 Brown, Tadya	Clarinda	22-03.25	20-02.00	10
2 Racine, Tony	Essex	19-04.25	18-02.00	8
3 Baker, Landon	Fremont-Mills	18-04.25	17-07.25	6
4 Roop, Kaiden	Clarinda	19-09.50	17-05.00	4
5 McGrew, Davis	East Mills	19-00.00	17-04.50	2
6 Urban, Caleb	East Mills	17-00.00	17-04.00	1
7 Norton, Jonah	Clarinda	19-03.75	x17-00.50	
8 Currin, Isaac	Southwest Valley	16-07.00	16-04.00	
9 Hogan, Cael	Southwest Valley	16-10.00	16-00.00	
10 Ekpai, Jonathan	Fremont-Mills	19-06.00	15-11.75	
11 Greenwalt, Devin	Southwest Valley	16-10.50	x15-08.50	
12 Sholes, Wade	Essex	16-03.00	15-05.50	
13 Simonetti, Pauley	Glenwood	18-02.25	15-00.25	
14 Swank, Hunter	Shenandoah	15-07.00	15-00.00	
15 Kline, Ashon	Essex	15-09.00	x14-08.25	
16 Dalton, Pierce	Glenwood	15-11.75	14-07.00	
17 Reynolds, Dylan	Stanton	16-01.50	14-06.25	
-- Foster, Treyten	Shenandoah	16-10.50	ND	
-- Pratt, Shain	Glenwood	15-00.00	ND	

**Boys Discus Throw**

Name	Year School	Seed	Finals	Points
1 Laughlin, Tyler	Shenandoah	167-00	151-00	10
2 Long, Kemper	Shenandoah	121-01	118-08	8
3 Butt, Jordan	Clarinda	109-10	114-09	6
4 Sample, Beau	Shenandoah	98-04	x102-09	
5 Inman, Lucas	Southwest Valley	106-01	102-05	4
6 Jacobs, Colin	Southwest Valley	118-00	101-03	2
7 Mullen, Theron	Southwest Valley	116-01	x100-06	
8 Staley, Johnathan	Essex	123-05	99-10	1
9 McLaughlin, Jordan	Fremont-Mills	107-03	98-06	
10 Delaney, Nicholas	Glenwood	103-06	91-01	
11 Vanacek, Tony	Glenwood	108-09	89-10	

**SWV April HS Coed - 4/20/2023**  
**SWV Track and Field Complex**  
**Results**

**....Boys Discus Throw**

12 Sorensen, Carsen	Glenwood	101-01	x87-10
13 Seaman, Cash	Essex	85-00.50	86-03
14 Sowers, Brodee	Stanton	80-00	81-06
15 Gibbs, Brody	Stanton	86-02.50	76-11
16 Yeager, Max	Stanton	82-07.50	x76-05
17 Sholes, Wade	Essex	85-00	x67-04
-- Hunter, Corban	Clarinda	110-10	ND
-- Tuzzio, Creighton	Clarinda	139-03	ND
-- Brandt, Caleb	Fremont-Mills	105-10	ND

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Women - Team Rankings - 18 Events Scored

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1) Clarinda	121	2) Fremont-Mills	114
3) East Mills	70	3) Stanton	70
5) Lenox	63	5) Southwest Valley	63
7) Griswold	55	8) Shenandoah	38
9) Bedford	34	10) Essex	23
11) Red Oak	16	12) Sidney	10
12) Mount Ayr	10		

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Men - Team Rankings - 21 Events Scored

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1) Clarinda	157	2) East Mills	83
3) Shenandoah	81	4) Southwest Valley	54
5) Fremont-Mills	52	6) Glenwood	47
7) Stanton	43	8) CAM	28
9) Essex	9		