

FM HS Coed 2023 - 4/25/2022

**Tabor
Results**

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Williams, Emily	12	East Mills	13.27 10
2 Alley, Lana	09	Fremont-Mill	13.39 8
3 Crawford, Courtney	10	Glenwood	14.02 6
4 Kingsolver, Lily	12	Sidney	14.21 4
5 Stratton, Maddie	11	Glenwood	14.38 2
6 Woods, McKenna	12	Fremont-Mill	14.68 1
7 Wederquist, Kimber	10	Fremont-Mill	14.73
8 Laumann, Kandra	11	East Mills	14.87
9 Graham, Macey	10	Sidney	14.97
10 Lopez, Leslie	10	Fremont-Mill	15.37
11 McCrave, Makayna	12	Glenwood	15.83
12 Pierce, Chloe	12	Glenwood	16.94
13 King, Kennedy	09	Stanton	16.96
14 Beam, Izabella	11	Stanton	17.32
15 Hoyt, Dakota	11	Heartland Ch	23.87

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Alley, Lana	09	Fremont-Mill	27.92 10
2 Thornburg, Jenna	11	East Mills	29.03 8
3 Richards, Ella	10	Glenwood	29.44 6
4 Silva, Brooklyn	12	Stanton	29.96 4
5 Cramer, Noel	10	Heartland Ch	30.57 2
6 Gute, Reese	09	Fremont-Mill	30.94 1
7 Kelsey, Brooklyn	09	Glenwood	31.03
8 Boban, Audrey	11	East Mills	31.07
9 Goy, Alyssa	09	Glenwood	31.33
10 Mahaney, Olivia	10	Fremont-Mill	33.10
11 Peterson, Ella	10	Stanton	34.11
12 Abukhait, Tala	12	Glenwood	36.22
13 King, Kennedy	09	Stanton	38.13
14 Beam, Izabella	11	Stanton	39.35
15 Korver, Claire	09	Fremont-Mill	41.83

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Ewalt, Teagan	12	Fremont-Mill	1:02.04 10
2 Brumbaugh, Eve	11	Sidney	1:03.73 8
3 Brown, Cloe	10	East Mills	1:08.82 6
4 Richards, Ella	10	Glenwood	1:11.64 4
5 Mattox, Hayleigh	09	Fremont-Mill	1:15.21 2
6 Abukhait, Tala	12	Glenwood	1:23.91 1

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Wilson, Hannah	10	Fremont-Mill	2:27.17 10
2 Crouse, Aspen	12	East Mills	2:41.40 8
3 Steinmetz, Grace	10	Heartland Ch	2:48.25 6
4 Thornton, Ella	09	Fremont-Mill	2:50.59 4

5 Sayers, Venna	09	East Mills	3:00.45 2
6 Fernau, Chloe	11	Heartland Ch	3:04.81 1
7 Moreland, Braxie	09	Fremont-Mill	3:11.80
8 Smith, Micah	09	Glenwood	3:13.17

Girls 1500 Meter Run

Name	Yr	School	Finals
Finals			
1 Wilson, Hannah	10	Fremont-Mill	5:26.61 10
2 Crouse, Aspen	12	East Mills	5:55.06 8
3 Roberts, Carly	11	Stanton	5:56.92 6
4 Johnson, Emma	10	Glenwood	6:04.59 4
5 Brandt, Makenna	11	Fremont-Mill	6:20.66 2
6 Steinmetz, Hannah	12	Heartland Ch	6:22.48 1
7 Morrical, Sophia	09	East Mills	6:35.05
8 Fernau, Chloe	11	Heartland Ch	6:43.01
9 Nordboe-Jarecki, Kailyn	12	Glenwood	6:53.96

Girls 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 Wilson, Hannah	10	Fremont-Mill	11:40.90 10
2 Steinmetz, Grace	10	Heartland Ch	12:35.90 8
3 Roberts, Carly	11	Stanton	13:48.03 6
4 Steinmetz, Hannah	12	Heartland Ch	14:22.33 4
5 Forney, Maria	10	Fremont-Mill	14:47.62 2

Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Williams, Emily	12	East Mills	15.76 10
2 Olson, Hannah	10	Stanton	17.18 8
3 Weldon, Izzy	11	Fremont-Mill	17.65 6
4 McDonald, Elly	11	Stanton	17.93 4
5 Woods, McKenna	12	Fremont-Mill	18.37 2
6 Cramer, Noel	10	Heartland Ch	20.94 1
7 Montgomery, Alysia	12	East Mills	22.20
8 Johansen, Audrina	09	Glenwood	22.30

Girls 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Madison, Emily	11	Fremont-Mill	1:10.52 10
2 Williams, Emily	12	East Mills	1:10.81 8
3 Olson, Hannah	10	Stanton	1:17.95 6
4 Mitchell, Saige	09	Fremont-Mill	1:24.94 4
5 Johansen, Audrina	09	Glenwood	1:30.33 2

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Glenwood	A	54.03 10
1) Fichter, Addison 11	2) Crawford, Courtney 10	
3) Roenfeldt, Taylor 10	4) Stratton, Maddie 11	
2 Sidney	A	54.79 8
1) Kingsolver, Lily 12	2) Holmes, Paycee 11	
3) Haning, Addy 10	4) Brumbaugh, Eve 11	

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Finals ... (Girls 4x100 Meter Relay)

Team	Relay	Finals
3 Stanton	A	55.28 6
1) Silva, Brooklyn 12	2) Olson, Hannah 10	
3) Olson, Addison 12	4) Johnson, Lauren 10	
4 Fremont-Mills	A	55.88 4
1) Weldon, Izzy 11	2) Gute, Bella 10	
3) Gute, Reese 09	4) Chambers, Carlie 10	
5 East Mills	A	57.65 2
1) Thornburg, Jenna 11	2) Goodman, Natalie 12	
3) Boban, Audrey 11	4) Montgomery, Alysia 12	
6 Heartland Christ	A	1:13.63 1
1) Steinmetz, Grace 10	2) Hoyt, Dakota 11	
3) Johnson, Kaylee 10	4) Brennan, Kayci 10	
--- Fremont-Mills	B	X59.13
1) Lopez, Leslie 10	2) Woods, McKenna 12	
3) Wederquist, Kimber 10	4) Mahaney, Olivia 10	
--- Glenwood	B	X1:04.07
1) Abukhait, Tala 12	2) Camarillo, Brynlee 09	
3) McCrave, Makayna 12	4) Pierce, Chloe 12	

Girls 4x200 Meter Relay

Team	Relay	Finals
1 Fremont-Mills	A	1:53.96 10
1) Gute, Bella 10	2) Chambers, Carlie 10	
3) Madison, Emily 11	4) Ewalt, Teagan 12	
2 Sidney	A	1:57.02 8
1) Kingsolver, Lily 12	2) Holmes, Paycee 11	
3) Graham, Macey 10	4) Haning, Addy 10	
3 Glenwood	A	1:59.74 6
1) Fichter, Addison 11	2) Stratton, Maddie 11	
3) Johansen, Rossalyne 10	4) Roenfeldt, Taylor 10	
4 East Mills	A	2:02.72 4
1) Thornburg, Jenna 11	2) Goodman, Natalie 12	
3) Boban, Audrey 11	4) Brodigan, Ryleigh 11	
5 Heartland Christ	A	2:21.64 2
1) Steinmetz, Hannah 12	2) Fernau, Chloe 11	
3) Johnson, Kaylee 10	4) Brennan, Kayci 10	
--- Glenwood	B	X2:07.81
1) Pierce, Chloe 12	2) Goy, Alyssa 09	
3) Camarillo, Brynlee 09	4) Nordboe-Jarecki, Kailyn 12	

Girls 4x400 Meter Relay

Team	Relay	Finals
1 Fremont-Mills	A	4:25.19 10
1) Switzer, Ellie 11	2) Wilson, Hannah 10	
3) Chambers, Carlie 10	4) Ewalt, Teagan 12	
2 East Mills	A	4:59.83 8
1) Brown, Cloe 10	2) Goodman, Mia 11	
3) Brodigan, Ryleigh 11	4) Laumann, Kandra 11	
3 Stanton	A	5:05.17 6
1) Roberts, Meredith 09	2) Peterson, Ella 10	
3) Osher, Jasmine 09	4) Silva, Britney 09	

Girls 4x800 Meter Relay

Team	Relay	Finals
1 Fremont-Mills	A	11:31.80 10
1) Switzer, Ellie 11	2) Hughes, Mylie 11	
3) Brandt, Makenna 11	4) Thornton, Ella 09	
2 East Mills	A	11:50.84 8
1) Crouse, Aspen 12	2) Sayers, Venna 09	
3) Brodigan, Ryleigh 11	4) Morrical, Sophia 09	
3 Stanton	A	14:46.21 6
1) King, Kennedy 09	2) Beam, Izabella 11	
3) Osher, Jasmine 09	4) Peterson, Ella 10	

Girls 800 Sprint Medley

Team	Relay	Finals
1 Fremont-Mills	A	1:58.23 10
1) Gute, Bella 10	2) Gute, Reese 09	
3) Chambers, Carlie 10	4) Ewalt, Teagan 12	
2 East Mills	A	2:00.71 8
1) Montgomery, Alysia 12	2) Boban, Audrey 11	
3) Thornburg, Jenna 11	4) Williams, Emily 12	
3 Stanton	A	2:02.34 6
1) Silva, Britney 09	2) Johnson, Marleigh 12	
3) Silva, Brooklyn 12	4) Olson, Addison 12	
4 Sidney	A	2:05.77 4
1) Kingsolver, Lily 12	2) Graham, Macey 10	
3) Brumbaugh, Eve 11	4) Haning, Addy 10	
5 Glenwood	A	2:13.35 2
1) Goy, Alyssa 09	2) Kelsey, Brooklyn 09	
3) Roenfeldt, Taylor 10	4) Johnson, Emma 10	

Girls Distance Medley

Team	Relay	Finals
1 Fremont-Mills	A	4:54.35 10
1) Weldon, Izzy 11	2) Gute, Reese 09	
3) Thornton, Ella 09	4) Switzer, Ellie 11	
2 Heartland Christ	A	5:03.44 8
1) Cramer, Noel 10	2) Brennan, Kayci 10	
3) Steinmetz, Hannah 12	4) Steinmetz, Grace 10	
3 Stanton	A	5:10.19 6
1) Silva, Britney 09	2) McDonald, Elly 11	
3) Osher, Jasmine 09	4) Roberts, Meredith 09	
4 Glenwood	A	5:10.38 4
1) Kelsey, Brooklyn 09	2) Johansen, Rossalyne 10	
3) Johansen, Audrina 09	4) Smith, Micah 09	
5 East Mills	A	5:19.41 2
1) Goodman, Natalie 12	2) Goodman, Mia 11	
3) Stearns, Mackenzie 09	4) Morrical, Sophia 09	

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Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Fremont-Mills	A	1:08.77 10
1) Weldon, Izzy 11	2) Alley, Lana 09	
3) Gute, Bella 10	4) Madison, Emily 11	
2 Stanton	A	1:10.77 8
1) Johnson, Lauren 10	2) McDonald, Elly 11	
3) Olson, Addison 12	4) Olson, Hannah 10	

Girls High Jump

Name	Yr	School	Finals
Finals			
1 Madison, Emily	11	Fremont-Mill	4-11.00 10
2 Chambers, Carlie	10	Fremont-Mill	4-10.00 7
2 Brown, Cloe	10	East Mills	4-10.00 7

Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Johnson, Lauren	10	Stanton	15-07.75 10
2 Fichter, Addison	11	Glenwood	15-03.25 8
3 Holmes, Paycee	11	Sidney	15-02.25 6
4 Alley, Lana	09	Fremont-Mill	14-04.25 4
5 Cramer, Noel	10	Heartland Ch	13-10.25 2
6 Laumann, Kandra	11	East Mills	12-07.00 1
--- Melvin, Alyssa	09	Sidney	ND

Girls Shot Put

Name	Yr	School	Finals
Finals			
1 Mitchell, Macy	11	Fremont-Mill	34-10.25 10
2 Peters, Lilly	11	Sidney	31-04.00 8
3 Kolle, Sara	11	Glenwood	27-09.00 6
4 Johnston, Joli	10	Glenwood	26-03.00 4
5 Surrell, Kaelyn	11	Sidney	25-03.00 2
6 Johnson, Kaylee	10	Heartland Ch	24-08.25 1
7 Hoyt, Dakota	11	Heartland Ch	21-00.25
8 Ragone, Natalie	09	Glenwood	16-00.00

Girls Discus Throw

Name	Yr	School	Finals
Finals			
1 Peters, Lilly	11	Sidney	120-06 10
2 Mitchell, Macy	11	Fremont-Mill	104-06 8
3 Mattox, Hayleigh	09	Fremont-Mill	93-06 6
4 Brennan, Kayci	10	Heartland Ch	78-00 4
5 Johnson, Kaylee	10	Heartland Ch	76-06 2
6 Graham, Macey	10	Sidney	72-00 1
7 Kolle, Sara	11	Glenwood	66-00
8 Johnston, Joli	10	Glenwood	57-00
9 Haynie, Adrian	09	Stanton	54-00
10 Driscoll, Abbi	10	Glenwood	44-00
11 Fernau, Chloe	11	Heartland Ch	43-00
12 King, Kennedy	09	Stanton	35-00
--- Surrell, Kaelyn	11	Sidney	ND

--- Crom, Lily 11 Fremont-Mill X86-00

Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Monahan, Brendan	12	St. Albert,	11.54 10
2 Thornburg, Zach	11	East Mills	11.69 8
3 Peters, Ethan	12	Sidney	12.54 6
4 Ekpai, Jonathan	09	Fremont-Mill	12.66 4
5 Anderson, Levi	10	Heartland Ch	12.69 2
6 Showalter, Simon	10	Stanton	12.70 1
7 Brennan, Colton	12	Heartland Ch	12.78
8 Stearns, Cooper	10	East Mills	12.85
9 Schmitt, Tyler	09	Glenwood	12.88
10 Fauble, Reese	10	Glenwood	12.96
11 Walter, Blaine	11	Glenwood	13.04
12 McLaughlin, Jordan	10	Fremont-Mill	13.19
13 Aust, Jacob	09	Glenwood	13.20
14 Grebin, Rylan	09	Stanton	13.20
15 Wallace, Chace	12	Sidney	13.53
16 Holmes, Brody	11	Stanton	13.78
17 Updegraff, Nick	11	East Mills	14.15
18 Dovel, Mason	10	Sidney	14.39
19 Lopez, Daniel	10	Heartland Ch	14.79
20 Lickliter, Silas	11	Heartland Ch	15.08
21 Sowers, Brodee	09	Stanton	15.36

Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Busch, Tony	11	St. Albert,	24.56 10
2 VanHouten, Payten	12	Fremont-Mill	24.83 8
3 Crouse, Mason	12	East Mills	25.18 6
4 Wookey, Jonan	12	Stanton	26.17 4
5 Brodigan, Jiri	09	East Mills	26.51 2
6 Reed, Scott	09	Glenwood	26.71 1
7 Showalter, Simon	10	Stanton	26.76
8 Kling, Lawson	11	Fremont-Mill	26.80
9 Shain, Talon	11	Glenwood	28.15
10 Williams, Jordan	10	East Mills	28.22
11 McPherson, Brayden	09	Glenwood	28.99
12 Lang, Austin	09	Sidney	29.05
13 Updegraff, Nick	11	East Mills	29.30
14 Lopez, Daniel	10	Heartland Ch	30.52
15 Lickliter, Silas	11	Heartland Ch	31.12

Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 McGrew, Davis	12	East Mills	52.84 10
2 Bryant, Will	11	Sidney	53.64 8
3 Busch, Tony	11	St. Albert,	54.92 6
4 Urban, Caleb	10	East Mills	56.79 4
5 Showalter, Simon	10	Stanton	59.29 2
6 Dalton, Pierce	09	Glenwood	59.31 1
7 Dingus, Brady	10	Heartland Ch	1:00.07

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Finals ... (Boys 400 Meter Dash)

Name	Yr	School	Finals
8 Shain, Talon	11	Glenwood	1:02.13
9 Lickliter, Silas	11	Heartland Ch	1:07.20
10 Ethofer, Kaleb	09	Fremont-Mill	1:10.77
11 Morgan, Mavryc	09	Sidney	1:16.80
12 Allen, Zooey	10	Stanton	1:20.09

Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Lillie, Colin	12	St. Albert,	2:06.15 10
2 Keller, Bryce	09	Glenwood	2:11.34 8
3 Urban, Caleb	10	East Mills	2:16.13 6
4 Mastin, Layne	11	East Mills	2:17.74 4
5 Lemonds, Ike	12	Fremont-Mill	2:20.07 2
6 Hughes, Joe	10	St. Albert,	2:20.29 1
7 Andersen, Gavin	12	Heartland Ch	2:23.72
8 Harris, Cade	09	Fremont-Mill	2:35.76
9 Carter, Anderson	09	Fremont-Mill	2:39.25
10 McQueen, Logan	10	Stanton	2:45.00
11 Holtmyer, Michael	09	Heartland Ch	2:51.38
12 Allen, Zooey	10	Stanton	3:02.61

Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Heisterkamp, Parker	10	St. Albert,	4:51.31 10
2 Lemonds, Ike	12	Fremont-Mill	5:11.09 8
3 West, Ethan	11	Glenwood	5:13.01 6
4 Obermiller, Anthony	12	East Mills	5:16.82 4
5 Buttry, Andreas	10	Sidney	5:17.44 2
6 Johnson, Camryn	11	East Mills	5:22.01 1
7 McDonald, James	10	Stanton	5:32.90
8 Bell, Flynt	09	Sidney	5:33.70
9 Dingus, Brady	10	Heartland Ch	5:40.56
10 Dawson, Alex	09	St. Albert,	5:48.33
11 Hopf, Evan	11	Stanton	6:10.29
12 Holtmyer, Michael	09	Heartland Ch	6:46.00

Boys 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Wise, Owen	11	St. Albert,	10:08.28 10
2 Lemonds, Ike	12	Fremont-Mill	11:12.65 8
3 Buttry, Andreas	10	Sidney	11:22.92 6
4 West, Ethan	11	Glenwood	11:33.18 4
5 Johnson, Camryn	11	East Mills	11:40.16 2
6 Obermiller, Anthony	12	East Mills	12:08.28 1
7 McQueen, Logan	10	Stanton	13:17.99
8 Allen, Zooey	10	Stanton	13:56.67

Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Grebin, Nolan	11	Stanton	16.50 10

2 Embree, Peyton	12	East Mills	16.86 8
3 Martin, Joshua	12	Stanton	17.17 6
4 Embree, Jackson	10	East Mills	18.50 4
5 Pratt, Shain	09	Glenwood	18.56 2
6 Madison, Lucas	11	Fremont-Mill	18.94 1
7 Simonetti, Pauley	10	Glenwood	19.02
8 Schaaf, Blake	09	Fremont-Mill	19.08
9 Gray, Josiah	10	Heartland Ch	23.13
10 Fetter, Ra J	10	Heartland Ch	24.43

Boys 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 McGrew, Davis	12	East Mills	57.85 10
2 Grebin, Nolan	11	Stanton	58.22 8
3 Simonetti, Pauley	10	Glenwood	1:06.05 6
4 Marshall, Owen	10	St. Albert,	1:06.89 4
5 Wray, Brodyn	12	East Mills	1:07.13 2
6 Schaaf, Blake	09	Fremont-Mill	1:08.11 1
7 Rycroft, Carter	09	Fremont-Mill	1:08.13
8 Gray, Josiah	10	Heartland Ch	1:25.43
9 Fetter, Ra J	10	Heartland Ch	1:26.53

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 East Mills	A	47.36 10
1) Thornburg, Zach 11	2) Crouse, Mason 12	
3) Stortenbecker, Ryan 12	4) Stearns, Cooper 10	
2 Fremont-Mills	A	47.93 8
1) VanHouten, Paxten 12	2) Madison, Lucas 11	
3) Baker, Landon 10	4) VanHouten, Payten 12	
3 Glenwood	A	48.23 6
1) Sneed, Ashtin 12	2) German, Keaton 10	
3) Schroeder, Drew 10	4) Eiseman, Christian 11	
4 Stanton	A	48.69 4
1) Wookey, Jonan 12	2) French, Logan 11	
3) Grebin, Nolan 11	4) Martin, Joshua 12	
5 Sidney	A	49.08 2
1) Peters, Ethan 12	2) Godfread, Braedon 10	
3) Hensley, Michael 10	4) Bryant, Will 11	
6 Heartland Christ	A	50.24 1
1) Brennan, Colton 12	2) Fetter, Bronx 12	
3) Lewis, Elijah 11	4) Anderson, Levi 10	
7 St. Albert, CB	A	51.15
1) Holiday, Matthew 11	2) McCall, Brandon 11	
3) Beckman, Jayden 10	4) Sheffield, Sawyer 09	
--- Glenwood	B	X51.15
1) Aust, Jacob 09	2) Walter, Blaine 11	
3) Fauble, Reese 10	4) McPherson, Brayden 09	
--- East Mills	B	X52.68
1) Updegraff, Nick 11	2) Williams, Jordan 10	
3) Hagen, Cooper 09	4) Seipold, Walter 10	
--- Stanton	B	X54.91
1) Yeager, Max 10	2) Sowers, Brodee 09	
3) Gibbs, Brody 10	4) Reynolds, Dylan 09	

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Finals ... (Boys 4x100 Meter Relay)

Team	Relay	Finals
--- Sidney	B	X57.17
1) Lang, Austin 09	2) Smith, Cade 10	
3) Albright, LaDarius 10	4) Wallace, Chace 12	

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 East Mills	A	1:39.92 10
1) Thornburg, Zach 11	2) Crouse, Mason 12	
3) Brodigan, Jiri 09	4) Stearns, Cooper 10	
2 Glenwood	A	1:40.93 8
1) Aust, Jacob 09	2) German, Keaton 10	
3) Schroeder, Drew 10	4) Eiseman, Christian 11	
3 Fremont-Mills	A	1:41.18 6
1) VanHouten, Paxten 12	2) Linkenhoker, JW 09	
3) Linkenhoker, Dylan 11	4) VanHouten, Payten 12	
4 St. Albert, CB	A	1:45.55 4
1) Holiday, Matthew 11	2) McCall, Brandon 11	
3) Heisterkamp, Parker 10	4) Marshall, Owen 10	
5 Stanton	A	1:47.17 2
1) Ford, Gavin 10	2) French, Logan 11	
3) Grebin, Rylan 09	4) Reynolds, Dylan 09	
6 Glenwood	B	1:48.00 1
1) Schmitt, Tyler 09	2) Walter, Blaine 11	
3) Fauble, Reese 10	4) McPherson, Brayden 09	
7 Heartland Christ	A	1:54.01
1) Andersen, Gavin 12	2) Gray, Josiah 10	
3) Lopez, Daniel 10	4) Lewis, Elijah 11	
8 Stanton	B	1:56.49
1) Holmes, Brody 11	2) McDonald, James 10	
3) Hopf, Evan 11	4) Sowers, Brodee 09	
--- Sidney	A	DQ
1) Payne, Kolt 10	2) Stenzel, Aiden 09	
3) Godfread, Braedon 10	4) Hensley, Michael 10	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 East Mills	A	3:44.51 10
1) McGrew, Davis 12	2) Embree, Peyton 12	
3) Mastin, Layne 11	4) Urban, Caleb 10	
2 Sidney	A	3:50.60 8
1) Payne, Kolt 10	2) Bryant, Will 11	
3) Peters, Ethan 12	4) Hensley, Michael 10	
3 St. Albert, CB	A	3:57.98 6
1) Wettengel, Luke 11	2) Lillie, Colin 12	
3) Hughes, Joe 10	4) Boswell, Jacob 10	
4 Fremont-Mills	A	3:59.78 4
1) Linkenhoker, Dylan 11	2) Lemonds, Ike 12	
3) Sanchez, Sam 09	4) Forney, Sawyer 09	
5 Glenwood	A	4:03.78 2
1) Shain, Talon 11	2) Dalton, Pierce 09	
3) Schmitt, Tyler 09	4) Reed, Scott 09	

6 Stanton	A	4:09.92 1
1) Ford, Gavin 10	2) Wookey, Jonan 12	
3) Gettler, Evan 10	4) Martin, Joshua 12	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 St. Albert, CB	A	9:21.21 10
1) Hughes, Joe 10	2) Wettengel, Luke 11	
3) Smith, Brady 09	4) Boswell, Jacob 10	
2 East Mills	A	9:41.40 8
1) Seipold, Walter 10	2) Wray, Brodyn 12	
3) Mastin, Layne 11	4) Barrett, Steven 11	
3 Stanton	A	10:09.90 6
1) Gettler, Evan 10	2) McDonald, James 10	
3) Hopf, Evan 11	4) Holmes, Brody 11	
4 Heartland Christ	A	10:17.35 4
1) Dingus, Brady 10	2) Lickliter, Silas 11	
3) Holtmyer, Michael 09	4) Andersen, Gavin 12	
5 Sidney	A	10:29.94 2
1) Albright, LaDarius 10	2) Bell, Flynt 09	
3) Smith, Cade 10	4) Meyers, Parker 09	
6 Fremont-Mills	A	10:43.32 1
1) Harris, Cade 09	2) Carter, Anderson 09	
3) Dines, Ethan 09	4) Foster, Kaden 10	

Boys 800 Sprint Medley

Team	Relay	Finals
Finals		
1 East Mills	A	1:41.92 10
1) Thornburg, Zach 11	2) Crouse, Mason 12	
3) Brodigan, Jiri 09	4) Urban, Caleb 10	
2 Sidney	A	1:42.52 8
1) Stenzel, Aiden 09	2) Godfread, Braedon 10	
3) Payne, Kolt 10	4) Hensley, Michael 10	
3 Heartland Christ	A	1:49.15 6
1) Brennan, Colton 12	2) Fetter, Bronx 12	
3) Lewis, Elijah 11	4) Anderson, Levi 10	
4 Fremont-Mills	A	1:52.48 4
1) VanHouten, Paxten 12	2) Rycroft, Carter 09	
3) Forney, Sawyer 09	4) Sanchez, Sam 09	
5 Glenwood	A	1:54.46 2
1) Sneed, Ashtin 12	2) Walter, Blaine 11	
3) Reed, Scott 09	4) Shain, Talon 11	
6 Stanton	A	2:00.02 1
1) Yeager, Max 10	2) Holmes, Brody 11	
3) Reynolds, Dylan 09	4) Hopf, Evan 11	

Boys Distance Medley

Team	Relay	Finals
Finals		
1 Glenwood	A	3:59.88 10
1) Schroeder, Drew 10	2) Eiseman, Christian 11	
3) Reed, Scott 09	4) Keller, Bryce 09	

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Finals ... (Boys Distance Medley)

Team	Relay	Finals
2 Stanton	A	4:12.47 8
1) Ford, Gavin 10	2) Grebin, Rylan 09	
3) French, Logan 11	4) McDonald, James 10	
3 Fremont-Mills	A	4:22.08 6
1) Kling, Lawson 11	2) Rycroft, Carter 09	
3) Forney, Sawyer 09	4) Sanchez, Sam 09	
4 East Mills	A	4:25.84 4
1) Williams, Jordan 10	2) Hagen, Cooper 09	
3) Barrett, Steven 11	4) Seipold, Walter 10	
5 St. Albert, CB	A	4:30.40 2
1) Holiday, Matthew 11	2) Marshall, Owen 10	
3) Smith, Brady 09	4) Boswell, Jacob 10	

Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
1 East Mills	A	1:05.48 10
1) Stortenbecker, Ryan 12	2) McGrew, Davis 12	
3) Embree, Jackson 10	4) Embree, Peyton 12	
2 Fremont-Mills	A	1:07.12 8
1) Madison, Lucas 11	2) Baker, Landon 10	
3) VanHouten, Payten 12	4) Linkenhoker, JW 09	
3 Stanton	A	1:11.72 6
1) Wookey, Jonan 12	2) Grebin, Nolan 11	
3) Ford, Gavin 10	4) Martin, Joshua 12	
4 Glenwood	A	1:15.44 4
1) Sneed, Ashtin 12	2) Pratt, Shain 09	
3) Simonetti, Pauley 10	4) Dalton, Pierce 09	
5 Heartland Christ	A	1:20.56 2
1) Lewis, Elijah 11	2) Gray, Josiah 10	
3) Fetter, Bronx 12	4) Anderson, Levi 10	

Boys High Jump

Name	Yr	School	Finals
1 Godfread, Braedon	10	Sidney	J5-06.00 10
2 Embree, Jackson	10	East Mills	J5-04.00 7
2 Stenzel, Aiden	09	Sidney	J5-04.00 7
4 McLaughlin, Jordan	10	Fremont-Mill	J5-04.00 4
5 Embree, Peyton	12	East Mills	J5-02.00 2
--- Eiseman, Christian	11	Glenwood	NH

Boys Long Jump

Name	Yr	School	Finals
1 Baker, Landon	10	Fremont-Mill	18-01.00 10
2 Ekpai, Jonathan	09	Fremont-Mill	17-05.00 8
3 Peters, Ethan	12	Sidney	16-04.00 6
4 Brennan, Colton	12	Heartland Ch	16-03.25 4
5 French, Logan	11	Stanton	15-09.25 2
6 Pratt, Shain	09	Glenwood	15-08.75 1
7 Fetter, Bronx	12	Heartland Ch	15-04.75
8 Andersen, Gavin	12	Heartland Ch	15-00.00
9 Holiday, Matthew	11	St. Albert,	14-08.00

10 Updegraff, Nick	11 East Mills	11-01.75
--- Gardner, Phillip	11 Sidney	DQ

Boys Shot Put

Name	Yr	School	Finals
1 Marvel, Cooper	11	Fremont-Mill	49-09.50 10
2 McCall, Brandon	11	St. Albert,	47-05.00 8
3 McIntosh, James	11	Glenwood	41-11.00 6
4 Sheffield, Sawyer	09	St. Albert,	39-02.00 4
5 Brandt, Caleb	11	Fremont-Mill	38-10.00 2
6 Grebin, Rylan	09	Stanton	36-06.25 1
7 Peters, Nik	12	Sidney	35-09.25
8 Lopez, Daniel	10	Heartland Ch	35-03.00
9 Gibbs, Brody	10	Stanton	34-08.25
10 Reynolds, Dylan	09	Stanton	34-08.00
11 Stortenbecker, Ryan	12	East Mills	34-05.00
12 Beckman, Jayden	10	St. Albert,	34-01.50
13 Aust, Jacob	09	Glenwood	34-01.00
14 Dovel, Mason	10	Sidney	33-07.00
15 Fetter, Ra J	10	Heartland Ch	29-09.50
16 Holtmyer, Michael	09	Heartland Ch	25-01.50
17 Tobin, Braden	10	Fremont-Mill	24-07.00
--- Duran, Marcus	09	Glenwood	DQ

Boys Discus Throw

Name	Yr	School	Finals
1 Marvel, Cooper	11	Fremont-Mill	136-06 10
2 Beckman, Jayden	10	St. Albert,	130-06 8
3 Dovel, Mason	10	Sidney	115-06 6
4 Brandt, Caleb	11	Fremont-Mill	111-06 4
5 Peters, Nik	12	Sidney	108-06 2
6 McCall, Brandon	11	St. Albert,	107-06 1
7 Sheffield, Sawyer	09	St. Albert,	105-06
8 Longchaya, Preston	11	Glenwood	104-00
9 Fetter, Ra J	10	Heartland Ch	96-00
9 Yeager, Max	10	Stanton	96-00
11 Gibbs, Brody	10	Stanton	91-00
12 Talcott, Brayden	09	Glenwood	90-06
13 McLaughlin, Jordan	10	Fremont-Mill	88-00
14 Sowers, Brodee	09	Stanton	86-05
15 Sorensen, Carsen	11	Glenwood	74-00
16 Wray, Brodyn	12	East Mills	73-06

Women - Team Rankings - 19 Events Scored

1) Fremont-Mills	201
2) East Mills	100
3) Stanton	82
4) Glenwood	65
5) Sidney	59
6) Heartland Christ	43

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Men - Team Rankings - 19 Events Scored

1) East Mills	143
2) Fremont-Mills	117
3) St. Albert, CB	104
4) Sidney	73
5) Glenwood	68
6) Stanton	62
7) Heartland Christ	19