

Licensed to Lewis Central High School HY-TEK's Meet Manager 4/12/2016 08:11 PM
 12th Annual Lewis Central Girls' TraDemo Meet - 4/12/2016
 Lewis Central Track
 Results

Event 1 Girls Shot Put Varsity

Name	Year School	Finals	Points
Finals			
1 Hood, Hannah	Creston	39-00.50	10
2 Deitchler, Madelyn	Treynor	37-09.25	8
3 Yale, Cecelia	Cb- T Jeffer	33-09.50	6
4 Spurgin, Caitlin	CB Abraham L	32-02.00	5
5 Turner, Kitty	Sioux City W	31-11.50	4
6 Wilson, Faith	Creston	29-10.00	3
7 Hohenthauer, Kaci	Lewis Centra	28-10.00	2
8 Paulino, Maria	Cb- T Jeffer	28-00.50	1
9 Gillespie, Kamryn	Treynor	28-00.00	
10 Jensen, Kayla	Tri-Center-	27-10.50	
11 Duysen, Emmy	East Mills	27-06.25	
12 Rutherford, Cammy	Creston	27-00.00	
13 Cook, Cassie	Lewis Centra	25-11.75	
14 Welliver, Payton	Denison-Schl	24-10.00	
15 Williams, Madison	East Mills	24-04.25	
16 Gochenour, Nicole	Lewis Centra	24-00.00	
17 Driver, Sophie	Tri-Center-	23-06.50	
18 Nymann, Catelyn	Cb- T Jeffer	18-05.00	
-- Widick, Sarah	CB Abraham L	ND	

Event 2 Girls Discus Throw Varsity

Name	Year School	Finals	Points
1 Yale, Cecelia	Cb- T Jeffer	112-11	10
2 Starner, Josey	Cb- T Jeffer	112-09	8
3 Anderson, Taylor	Treynor	110-01	6
4 Hood, Hannah	Creston	106-11	5
5 Jensen, Kayla	Tri-Center-	91-02	4
6 Spurgin, Caitlin	CB Abraham L	81-07	3
7 Widick, Sarah	CB Abraham L	76-05	2
8 Rutherford, Cammy	Creston	74-03	1
9 Turner, Kitty	Sioux City W	70-01	
10 Hohenthauer, Kaci	Lewis Centra	65-08	
11 Wilson, Faith	Creston	63-11	
12 Nickerson, Taylor	CB Abraham L	63-06	
13 Nymann, Catelyn	Cb- T Jeffer	62-09	
14 Welliver, Payton	Denison-Schl	61-11	
15 Gochenour, Nicole	Lewis Centra	61-01	
16 Cook, Cassie	Lewis Centra	57-09	
17 Huston, Claire	East Mills	53-00	
18 Driver, Sophie	Tri-Center-	52-06	
-- Deitchler, Madelyn	Treynor	ND	
-- Gillespie, Kamryn	Treynor	ND	

Event 3 Girls Long Jump Varsity

Name	Year School	Finals	Points
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1	Thomas, Darby	CB Abraham L	17-02.75	10
2	Hundt, Brooklyn	Tri-Center-	16-06.50	8
3	Pearce, Kaitlyn	St. Albert	15-09.25	6
4	Paulson, Madison	Lewis Centra	15-06.50	5
5	Jones, Caitlyn	Cb- T Jeffer	J15-06.50	4
6	Larson, Anna	Cb- T Jeffer	15-05.25	3
7	Fichter, Rylee	CB Abraham L	14-10.50	2
8	Merksick, Emily	Lewis Centra	14-10.00	1
9	Eikenberry, Allison	Tri-Center-	13-08.00	
10	Briones, Giselle	Sioux City W	13-06.25	
11	Dahir, Lilly	Tri-Center-	13-00.75	
12	Smith, Ashlyn	Lewis Centra	12-10.00	
13	Cox, Grace	St. Albert	11-07.50	
--	Faya, Sunday	Denison-Schl	ND	
--	Smith, Allyson	Sioux City W	ND	
--	Bailey, Lily	Cb- T Jeffer	ND	

Event 4 Girls High Jump Varsity

Name	Year School	Finals	Points
1	Faya, Sunday	Denison-Schl	5-00.00 10
2	Mayerhoefer, Helen	Cb- T Jeffer	4-08.00 8
3	Jaurez, Jeannette	CB Abraham L	J4-08.00 6
4	myers, emma	Treynor	4-06.00 5
5	Starner, Josey	Cb- T Jeffer	J4-06.00 4
6	Sudmann, Konnor	Treynor	J4-06.00 3
7	Parks, Madison	Lewis Centra	4-04.00 1.50
7	Larsen, Kassie	Lewis Centra	4-04.00 1.50
--	Hartman, Hayley	CB Abraham L	NH
--	Larson, Angela	Cb- T Jeffer	NH
--	White, Bailey	St. Albert	NH
--	Sykes, Sophie	St. Albert	NH

Event 5 Girls 3000 Meter Run Varsity

Name	Year School	Finals	Points
1	Madsen, Kye	Lewis Centra	11:23.86 10
2	Schraft, Janette	East Mills	11:32.07 8
3	Jones, Claire	CB Abraham L	11:44.20 6
4	Parks, Madison	Lewis Centra	12:35.32 5
5	Malskeit, Abby	Lewis Centra	12:43.23 4
6	Wink, Sunshine	CB Abraham L	12:46.43 3
7	Vohs, Jessica	Treynor	13:12.19 2
8	Deal, Keyla	Cb- T Jeffer	13:28.73 1
9	Wingrove, Cortney	Denison-Schl	13:33.84
10	Kudron, Isabelle	Treynor	13:42.49
11	Marquez, Adriana	Denison-Schl	15:22.88

Event 6 Girls 4x800 Meter Relay Varsity

School	Finals	Points
1	Creston 'A'	10:33.10 10
	1) Beatty, Jessica	2) Vicker, Jesse
	3) Baker, Brielle	4) Briley, Taylor
2	Denison-Schlswg 'A'	10:53.29 8
	1) Goslar, Morgan	2) Lora, Dayana
	3) Vera Nieto, Marlet	4) Andersen, Raegan

3	Treynor 'A'	10:54.64	6
	1) Harter, Regan	2) James, Noel	
	3) Carman, Sydney	4) Tiegland, Anna	
4	Cb- T Jefferson 'A'	11:19.92	5
	1) Carey, Tyanna	2) Rodriguez, Ana	
	3) Ayon Aguilar, Deziree	4) Blanco, Georgia	
5	Tri-Center- Neola 'A'	11:27.61	4
	1) Elliott, Danielle	2) Tessmer, Emma	
	3) Hughes, Tristen	4) Chapman, Courtney	
6	Lewis Central 'A'	11:30.23	3
	1) Williams, Cameron	2) Statzer, Denae	
	3) Bruun, Shelby	4) Simmons, Nicole	
7	St. Albert 'A'	11:51.33	2
	1) Sykes, Sophie	2) Genereux, Clara	
	3) White, Bailey	4) Weihs, Megan	
8	Treynor 'B'	x11:54.77	
	1) Finnegan, Kaylee	2) Vohs, Annika	
	3) Carolus, Hannah	4) Travis, Clare	
9	East Mills 'A'	12:15.86	1
	1) Courtier, Zena	2) Schafer, Rachel	
	3) Oyster, Jami	4) Ronk, Meghan	
10	CB Abraham Lincoln 'A'	12:21.76	
	1) Dorsett, Alea	2) Gibler, Julia	
	3) Morrow, Laura	4) Luther, Camella	

Event 7 Girls 4x100 Meter Shuttle Hurdle Varsity

School	Finals	H#	Points
1 Denison-Schlswg 'A'	1:11.79	2	10
1) Faya, Sunday	2) Kastner, Cara		
3) Pick, Kailey	4) Mohr, Alex		
2 CB Abraham Lincoln 'A'	1:12.32	2	8
1) Steppuhn, Alicia	2) Damgaard, Kalyn		
3) Hartman, Hayley	4) McIntosh, Abby		
3 Treynor 'A'	1:13.98	2	6
1) Killinger, Lexi	2) myers, emma		
3) Chapman, Kayla	4) Sudmann, Konnor		
4 Denison-Schlswg 'B'	x1:19.42	1	
1) Segebart, Hannah	2) Ouderkirk, Lexi		
3) Gunderson, Vanessa	4) Seuntjens, Alyssa		
5 Tri-Center- Neola 'A'	1:21.63	2	5
1) Hundt, Brooklyn	2) Ritchison, Makenzie		
3) Maassen, Olivia	4) Masker, Tori		
6 Cb- T Jefferson 'A'	1:22.03	1	4
1) Gilmore, Teah	2) Valle, Rosa		
3) Blanco, Gabi	4) Corey, Megan		
7 Treynor 'B'	x1:22.70	1	
1) Huisman, Sydni	2) Carman, Sydney		
3) Finnegan, Kaylee	4) Showalter, Morgan		
8 Lewis Central 'A'	1:26.62	1	3
1) Gochenour, Nicole	2) Humpal, Makenzie		
3) Miller, Helen	4) Mohatt, Natalie		

Event 8 Girls 100 Meter Dash Varsity

Name	Year School	Finals	H#	Points
1 Jones, Khenadi	Sioux City W	12.31	4	10
2 Thomas, Darby	CB Abraham L	12.59	4	8

3 Duad, Amelia	Sioux City W	13.02	1	6
4 Jones, Caitlyn	Cb- T Jeffer	13.04	4	5
5 Olsen, McKayla	Treynor	13.31	4	4
6 Weiss, Whitney	Denison-Schl	13.32	4	3
7 Ellis, Meredith	Lewis Centra	13.34	4	2
8 Albertsen, Emily	Lewis Centra	13.54	3	1
9 Smith, Ashlyn	Lewis Centra	13.55	4	
10 Hemsworth, Stephanie	Creston	13.60	3	
11 Manhart, Jill	Tri-Center-	13.98	3	
12 Sudmann, Taylor	Treynor	14.37	3	
13 Shepherd, Rachel	Creston	14.47	3	
14 Robinson, Cassidy	Tri-Center-	14.78	3	
15 Andersen, Allison	Cb- T Jeffer	15.01	3	
16 Manzer, Hayley	Treynor	15.09	2	
17 Bagley, Ariana	CB Abraham L	15.33	2	
18 Williams, Morgan	CB Abraham L	15.44	2	
19 Soriano, Jackie	Denison-Schl	16.18	2	
20 Sandoval, Sandibel	Denison-Schl	16.20	2	
21 King, Maggie	St. Albert	16.75	2	
22 Sheffield, Paige	ISD	17.26	1	
23 Moon, Lexi	St. Albert	17.69	2	
24 Lachin, Kelsey	ISD	18.09	1	
25 Perkins, Ariana	Tri-Center-	18.14	2	

Event 9 Girls Distance Medley Varsity

School	Finals	H#	Points
1 Denison-Schlswg 'A'	4:35.14	2	10
1) Mohr, Alex			
3) Gunderson, Vanessa			
2 St. Albert 'A'	4:41.41	2	8
1) Pearce, Kaitlyn			
3) Carley, Alyssa			
3 Treynor 'A'	4:49.55	2	6
1) Shipley, Maddie			
3) Carley, Megan			
4 Tri-Center- Neola 'A'	4:52.28	2	5
1) Lehan, Brooklyn			
3) Hough, Anna			
5 Creston 'A'	4:56.83	2	4
1) Maitlen, Cayla			
3) Rice, Siage			
6 CB Abraham Lincoln 'A'	5:00.09	2	3
1) LaSale, Kensi			
3) Thomas, Lexi			
7 Lewis Central 'A'	5:12.12	1	2
1) Kriegler, Taylor			
3) Dunphy, Kylee			
8 Treynor 'B'	x5:24.60	2	
1) Killinger, Lexi			
3) Tiegland, Anna			
9 East Mills 'A'	5:43.43	1	1
1) Hansen, Gracie			
3) Williams, Madison			
-- Cb- T Jefferson 'A'	DQ	1	
1) Bailey, Lily			
3) Andersen, Allison			

Event 10 Girls 400 Meter Dash Varsity

Name	Year School	Finals	H#	Points
1 James, Noel	Treynor	1:03.12	3	10
2 Willits, Elise	Cb- T Jeffer	1:04.88	3	8
3 Bainbridge, Kendall	CB Abraham L	1:05.28	3	6
4 Paulson, Madison	Lewis Centra	1:09.54	3	5
5 Latham, Kiersten	Creston	1:10.62	3	4
6 Goslar, Morgan	Denison-Schl	1:10.76	3	3
7 Shepherd, Rachel	Creston	1:12.13	3	2
8 Smith, Hannah	Lewis Centra	1:12.45	3	1
9 Greelis, Olivia	Lewis Centra	1:12.55	2	
10 Carey, Tyanna	Cb- T Jeffer	1:13.57	2	
11 Carman, Sydney	Treynor	1:14.90	2	
12 Hell, Chloe	Sioux City W	1:16.45	2	
13 Socha, Laural	CB Abraham L	1:16.62	2	
14 Berge, Julie	Cb- T Jeffer	1:19.25	2	
15 Shugart, Cat	St. Albert	1:22.26	2	
16 Becker, Miranda	Treynor	1:24.68	1	
17 Wagner, Alayna	Creston	1:25.84	2	
18 Sheffield, Paige	ISD	1:40.81	1	
19 Lachin, Kelsey	ISD	1:42.97	1	

Event 11 Girls 4x200 Meter Relay Varsity

School	Finals	H#	Points
1 CB Abraham Lincoln 'A'	1:50.27	2	10
1) Damgaard, Kalyne			
2) Fichter, Rylee			
3) Thomas, Darby			
4) Hart, Mercedes			
2 Sioux City West 'A'	1:52.42	2	8
1) Smith, Allyson			
2) Duad, Amelia			
3) Meis, Kathleen			
4) Jones, Khenadi			
3 Creston 'A'	1:55.26	2	6
1) Briley, Taylor			
2) Sickels, Josie			
3) Castillo, Amber			
4) Hemsworth, Stephanie			
4 Lewis Central 'A'	1:56.30	2	5
1) Albertsen, Emily			
2) Miller, Nicole			
3) Larsen, Kassie			
4) Ellis, Meredith			
5 Cb- T Jefferson 'A'	1:56.89	2	4
1) Larson, Anna			
2) Larson, Angela			
3) Santay, Hannah			
4) Corey, Megan			
6 Denison-Schlswg 'A'	1:58.40	2	3
1) Pick, Kailey			
2) Weiss, Whitney			
3) Branning, Sarah			
4) Ertz, Allyssa			
7 Treynor 'A'	1:59.38	2	2
1) Shipley, Maddie			
2) Olsen, McKayla			
3) Harter, Regan			
4) Duysen, Sarah			
8 Tri-Center- Neola 'A'	1:59.94	2	1
1) Dahir, Lilly			
2) Fischer, Addy			
3) Eikenberry, Allison			
4) Lehan, Brooklyn			
9 St. Albert 'A'	2:06.44	1	
1) Niesen, Khloe			
2) Petry, Lexie			
3) Noethe, Clare			
4) Genereux, Clara			
10 Cb- T Jefferson 'B'	x2:09.12	1	
1) Rodriguez, Ana			
2) Blanco, Gabi			
3) Ayon Aquilar, Deziree			
4) Valle, Rosa			
11 Tri-Center- Neola 'B'	x2:10.79	1	
1) Masker, Tori			
2) Pauley, Makayla			
3) Manhart, Jill			
4) Robinson, Cassidy			

12	Denison-Schlswg 'B'	x2:13.61	1
	1) Fink, Tatum	2) Bowker, Ashlyn	
	3) Carlson, Ashlynn	4) Rauch, Kayla	
13	St. Albert 'B'	x2:28.40	1
	1) Cox, Grace	2) King, Maggie	
	3) Cox, Kasi	4) Hohneke, Madeline	
--	Treynor 'B'	DQ	1
	1) Sudmann, Taylor	2) Carolus, Maria	
	3) Vohs, Annika	4) Showalter, Morgan	
--	East Mills 'A'	DQ	1
	1) Schraft, Janette	2) Schafer, Rachel	
	3) Duysen, Emmy	4) Croghan, Cassidy	

Event 12 Girls 100 Meter Hurdles Varsity

Name	Year School	Finals	H#	Points
1	Hundt, Brooklyn	16.92	3	10
2	Mohr, Alex	16.98	3	8
3	Chapman, Kayla	17.57	3	6
4	Starner, Josey	17.70	3	5
5	Hartman, Hayley	17.74	3	4
6	Pearce, Kaitlyn	17.80	3	3
7	Gilmore, Teah	17.87	2	2
8	McIntosh, Abby	18.06	2	1
9	Kastner, Cara	18.07	3	
9	Steppuhn, Alicia	18.07	3	
11	Castillo, Danielle	18.61	2	
12	Ouderkirk, Lexi	19.04	2	
13	Huisman, Sydni	19.52	2	
14	Elliott, Danielle	19.56	1	
15	myers, emma	19.77	2	
16	Maassen, Olivia	20.14	2	
17	White, Bailey	20.18	1	
18	Bailey, Lily	21.19	1	
19	Humpal, Makenzie	21.49	1	
20	Mohatt, Natalie	22.17	1	
--	Miller, Helen	DNF	2	

Event 13 Girls 800 Meter Run Varsity

Name	Year School	Finals	Points
1	Mendluk, Ellie	2:29.17	10
2	Andersen, Raegan	2:30.71	8
3	Schaa, Cailey	2:33.80	6
4	Carley, Alyssa	2:35.55	5
5	Smith, Emma	2:37.89	4
6	Mayerhoefer, Helen	2:38.20	3
7	Courtier, Zena	2:47.47	2
8	Williams, Cameron	2:50.88	1
9	Vohs, Jessica	2:51.83	
10	Lora, Dayana	2:52.19	
11	Hughes, Tristen	2:52.45	
12	Rice, Siage	2:56.76	
13	Ritchison, Makenzie	3:01.82	
14	Tessmer, Emma	3:05.73	
15	Malskeit, Abby	3:06.95	
16	Berning, Emma	3:07.86	
17	Kudron, Isabelle	3:14.39	

18 Miller, Hailey	CB Abraham L	3:15.47
19 Brown, MacKensie	CB Abraham L	3:19.79
20 Lucero, Kimberly	Cb- T Jeffer	3:21.65
21 Becker, Miranda	Treynor	3:22.84

Event 14 Girls 200 Meter Dash Varsity

Name	Year School	Finals	H#	Points
1 Hart, Mercedes	CB Abraham L	25.99	4	10
2 Willits, Elise	Cb- T Jeffer	27.79	3	8
3 Corey, Megan	Cb- T Jeffer	27.81	3	6
4 Castillo, Amber	Creston	28.18	4	5
5 Miller, Nicole	Lewis Centra	28.33	4	4
6 Ertz, Allyssa	Denison-Schl	28.52	4	3
7 Harter, Regan	Treynor	28.88	3	2
8 Weiss, Whitney	Denison-Schl	29.00	4	1
9 Carley, Megan	Treynor	29.14	3	
10 LaSale, Kensi	CB Abraham L	29.46	4	
11 Lehan, Brooklyn	Tri-Center-	29.73	3	
12 Larsen, Kassie	Lewis Centra	29.93	4	
13 Fischer, Addy	Tri-Center-	30.10	3	
14 Rutherford, Cammy	Creston	30.95	3	
14 Segebart, Hannah	Denison-Schl	30.95	2	
16 Hawkinson, Taylor	Lewis Centra	32.37	3	
17 Ronk, Meghan	East Mills	32.50	2	
18 Matheny, Sydney	CB Abraham L	33.91	2	
19 Shugart, Cat	St. Albert	34.44	2	
20 Eledge, Alexandra	Cb- T Jeffer	35.09	2	
21 Cox, Grace	St. Albert	35.34	1	
22 Hossle, Megan	East Mills	35.61	2	
23 Sheffield, Paige	ISD	39.06	1	
24 Lachin, Kelsey	ISD	39.55	1	
25 Perkins, Ariana	Tri-Center-	41.14	2	

Event 15 Girls 400 Meter Hurdles Varsity

Name	Year School	Finals	H#	Points
1 Gunderson, Vanessa	Denison-Schl	1:14.69	3	10
2 McKernan, Kierra	Sioux City W	1:15.84	3	8
3 Chapman, Courtney	Tri-Center-	1:17.06	3	6
4 Sudmann, Konnor	Treynor	1:17.21	2	5
5 Hartman, Hayley	CB Abraham L	1:17.66	3	4
6 Conaway, Sydney	Lewis Centra	1:18.88	3	3
7 Jaurez, Jeannette	CB Abraham L	1:19.20	2	2
8 Statzer, Denae	Lewis Centra	1:20.86	3	1
9 Castillo, Danielle	Creston	1:22.46	2	
10 Starner, Josey	Cb- T Jeffer	1:23.52	3	
11 Elliott, Danielle	Tri-Center-	1:24.24	2	
12 Seuntjens, Alyssa	Denison-Schl	1:25.29	2	
13 Maassen, Olivia	Tri-Center-	1:25.90	2	
14 Gilmore, Teah	Cb- T Jeffer	1:27.82	1	
15 Huisman, Sydni	Treynor	1:27.86	1	
16 Blanco, Gabi	Cb- T Jeffer	1:29.66	2	
17 McIntosh, Sydni	CB Abraham L	1:36.00	1	

Event 16 Girls 800 Sprint Medley Varsity

School	Finals	H#	Points
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1	Sioux City West 'A'	1:58.97	2	10
	1) Briones, Giselle			
	3) Jones, Khenadi			
2	Treynor 'A'	1:59.00	2	8
	1) Olsen, McKayla			
	3) Shipley, Maddie			
3	Cb- T Jefferson 'A'	2:00.01	2	6
	1) Larson, Anna			
	3) Santay, Hannah			
4	Creston 'A'	2:03.08	2	5
	1) Latham, Kiersten			
	3) Beatty, Jessica			
5	Tri-Center- Neola 'A'	2:05.68	2	4
	1) Manhart, Jill			
	3) Eikenberry, Allison			
6	CB Abraham Lincoln 'A'	2:06.19	2	3
	1) Steppuhn, Alicia			
	3) LaSale, Kensi			
7	Lewis Central 'A'	2:12.95	1	2
	1) Kriegler, Taylor			
	3) Merksick, Emily			
8	St. Albert 'A'	2:13.29	2	1
	1) Niesen, Khloe			
	3) Sykes, Sophie			
9	Treynor 'B'	x2:13.54	1	
	1) Carolus, Maria			
	3) myers, emma			
10	Cb- T Jefferson 'B'	x2:16.40	2	
	1) Andersen, Allison			
	3) Larson, Angela			
11	Denison-Schlswg 'A'	2:18.93	1	
	1) Fink, Tatum			
	3) Bowker, Ashlyn			
12	East Mills 'A'	2:19.26	1	
	1) Croghan, Kassidy			
	3) Duysen, Emmy			
	2) Duad, Amelia			
	4) Meis, Kathleen			
	2) Sudmann, Taylor			
	4) James, Noel			
	2) Jones, Caitlyn			
	4) Willits, Elise			
	2) Sickels, Josie			
	4) Vicker, Jesse			
	2) Robinson, Cassidy			
	4) Hough, Anna			
	2) McIntosh, Abby			
	4) Thomas, Lexi			
	2) Mendoza, Lauren			
	4) Hansen, Amber			
	2) Petry, Lexie			
	4) White, Bailey			
	2) Deitchler, Madelyn			
	4) Carman, Sydney			
	2) Valle, Rosa			
	4) Berge, Julie			
	2) Carlson, Ashlynn			
	4) Vera Nieto, Marlet			
	2) Huston, Claire			
	4) Hansen, Gracie			

Event 17 Girls 1500 Meter Run Varsity

Name	Year School	Finals	Points
1 Mendlik, Ellie	Denison-Schl	5:13.00	10
2 Andersen, Raegan	Denison-Schl	5:13.71	8
3 Schraft, Janette	East Mills	5:16.21	6
4 Jones, Claire	CB Abraham L	5:27.31	5
5 Springman, Gracie	St. Albert	5:31.31	4
6 Goslar, Morgan	Denison-Schl	5:37.47	3
7 Tiegland, Anna	Treynor	5:46.98	2
8 McKernan, Kierra	Sioux City W	5:48.02	1
9 Smith, Emma	Lewis Centra	5:51.68	
10 Rodriguez, Ana	Cb- T Jeffer	5:53.66	
11 Carolus, Hannah	Treynor	6:00.20	
12 Simmons, Nicole	Lewis Centra	6:02.10	
13 Kuckta, Kayla	Lewis Centra	6:04.02	
14 Powers, Kristy	Creston	6:05.14	
15 Blanco, Georgia	Cb- T Jeffer	6:12.43	
16 Gress, Alexis	CB Abraham L	6:43.08	
17 Travis, Clare	Treynor	6:50.73	

Event 18 Girls 4x100 Meter Relay Varsity

School	Finals	H#	Points
1 CB Abraham Lincoln 'A'	52.34	2	10
1) Damgaard, Kalyne	2) Fichter, Rylee		
3) Thomas, Darby	4) Hart, Mercedes		
2 Sioux City West 'A'	53.41	2	8
1) Briones, Giselle	2) Duad, Amelia		
3) Meis, Kathleen	4) Jones, Khenadi		
3 Denison-Schlswg 'A'	53.47	2	6
1) Ertz, Allyssa	2) Weiss, Whitney		
3) Branning, Sarah	4) Mohr, Alex		
4 Lewis Central 'A'	53.61	2	5
1) Smith, Ashlyn	2) Paulson, Madison		
3) Albertsen, Emily	4) Ellis, Meredith		
5 Cb- T Jefferson 'A'	54.21	2	4
1) Larson, Anna	2) Jones, Caitlyn		
3) Santay, Hannah	4) Corey, Megan		
6 Creston 'A'	55.05	2	3
1) Maitlen, Cayla	2) Briley, Taylor		
3) Hemsforth, Stephanie	4) Castillo, Amber		
7 Tri-Center- Neola 'A'	55.46	2	2
1) Dahir, Lilly	2) Manhart, Jill		
3) Eikenberry, Allison	4) Lehan, Brooklyn		
8 Treynor 'A'	56.09	1	1
1) Olsen, McKayla	2) Carley, Megan		
3) Duysen, Sarah	4) Killinger, Lexi		
9 Creston 'B'	x56.92	2	
1) Latham, Kiersten	2) Castillo, Danielle		
3) Beatty, Jessica	4) Shepherd, Rachel		
10 St. Albert 'A'	58.42	1	
1) Niesen, Khloe	2) Petry, Lexie		
3) Noethe, Clare	4) Weihs, Megan		
11 Lewis Central 'B'	x59.39	1	
1) Hawkinson, Taylor	2) Greelis, Olivia		
3) Dunphy, Kylee	4) Mendoza, Lauren		
12 East Mills 'A'	59.61	1	
1) Courtier, Zena	2) Huston, Claire		
3) Duysen, Emmy	4) Croghan, Cassidy		
13 Treynor 'B'	x1:01.38	1	
1) Finnegan, Kaylee	2) Huisman, Sydney		
3) Carolus, Maria	4) Showalter, Morgan		
14 Denison-Schlswg 'B'	x1:02.70	1	
1) Fink, Tatum	2) Bowker, Ashlyn		
3) Soriano, Jackie	4) Sandoval, Sandibel		
15 Tri-Center- Neola 'B'	x1:03.13	1	
1) Hundt, Brooklyn	2) Robinson, Cassidy		
3) Pauley, Makayla	4) Masker, Tori		
16 St. Albert 'B'	x1:09.55	1	
1) Cox, Kasi	2) King, Maggie		
3) Moon, Lexi	4) Hohneke, Madeline		

Event 19 Girls 4x400 Meter Relay Varsity

School	Finals	H#	Points
1 CB Abraham Lincoln 'A'	4:23.05	2	10
1) Schaa, Cailey	2) Bainbridge, Kendall		
3) Fichter, Rylee	4) Hart, Mercedes		

2 Creston 'A'	4:25.28	2	8
1) Rice, Siage			
3) Maitlen, Cayla			
2) Baker, Brielle			
4) Hemsworth, Stephanie			
3 Treynor 'A'	4:28.77	2	6
1) Sudmann, Konnor			
3) Chapman, Kayla			
2) James, Noel			
4) Harter, Regan			
4 St. Albert 'A'	4:33.74	2	5
1) Genereux, Clara			
3) Carley, Alyssa			
2) Pearce, Kaitlyn			
4) Sykes, Sophie			
5 Cb- T Jefferson 'A'	4:35.95	2	4
1) Carey, Tyanna			
3) Mayerhoefer, Helen			
2) Ayon Aquilar, Deziree			
4) Willits, Elise			
6 Tri-Center- Neola 'A'	4:37.64	2	3
1) Hough, Anna			
3) Dahir, Lilly			
2) Fischer, Addy			
4) Chapman, Courtney			
7 Lewis Central 'A'	4:41.24	2	2
1) Conaway, Sydney			
3) Smith, Hannah			
2) Madsen, Kye			
4) Bruun, Shelby			
8 Tri-Center- Neola 'B'	x4:55.35	1	
1) Hughes, Tristen			
3) Maassen, Olivia			
2) Ritchison, Makenzie			
4) Elliott, Danielle			
9 Treynor 'B'	x4:59.26	2	
1) Shipley, Maddie			
3) Kudron, Isabelle			
2) Vohs, Jessica			
4) Vohs, Annika			
10 Cb- T Jefferson 'B'	x5:10.69	1	
1) Andersen, Allison			
3) Bailey, Lily			
2) Hernandez, Yisel			
4) Valle, Rosa			
11 East Mills 'A'	5:21.69	1	1
1) Oyster, Jami			
3) Wingfield, Skyla			
2) Williams, Madison			
4) Hansen, Gracie			

Event 20 Girls Shot Put Junior Varsity

Name	Year School	Finals	Points
1 Anderson, Taylor	Treynor	29-09.75	

Women - Varsity - Team Rankings - 19 Events Scored

1) CB Abraham Lincoln	127	2) Denison-Schlswg	114
3) CB- T Jefferson	109	4) Treynor	88
5) Lewis Central	74	6) Creston	66
7) Sioux City West	55	8) Tri-Center- Neola	52
9) St. Albert	34	10) East Mills	19